

HOSPITALITY

935775 - Quick Oats, Box

100% Whole Grain Oats



MARKETING

100% Whole Grain Oats. \*\*365 Days for product performance 60 Days against infestation

Nutrition Facts

26 Servings per container

Serving Size1/2 CUP

Amount Per Serving

Calories180

% Daily Value\*

Total Fat 3.5 g4%

Saturated Fat 0.5 g3%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 0 mg0%

Total Carbohydrates 31 g11%

Dietary Fiber 4 g16%

Total Sugars 0 g

Includes 0 g Added Sugars0%

Protein 6 g

Vitamin D 0 mcg0%

Calcium 20 mg0%

Iron 1.5 mg10%

Potassium 160 mg4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
71923-36820	935775	10071923368208	12 / / 42.0 Ounce			
Brand	Brand Owner	GPC Description				
HOSPITALITY	Gilster-Mary Lee Food Service	Cereals Products - Not Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
36 LBR	31.5 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.375 INH	12.938 INH	9.688 INH	1.696 FTQ	6x4	365 Days	50 FAH / 85 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
TRACEABILITY_REGULATION	FSMA204	NOT_APPLICABLE	NOT_COVERED_BY_FTL			

HANDLING SUGGESTIONS

DRY

- ALLERGENS
- C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'
- Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N
- INGREDIENTS

ROLLED OATSManufactured on shared equipment with products containing: Wheat, Milk
- Last Saved: 13 May 2025 | Printed: 02 August 2025

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PREPARATION & COOKING SUGGESTIONS

1 serving 1 cup water or milk scant 1/4 tsp salt (optional) 1/2 cup oats 6 serving 6 cup water or milk 1 tsp salt (optional) 3 cup oats 18 serving 4 15 qtrs. water or milk 1 tbsp. salt (optional) 9 cup oats 26 serving 6 1/2 qtrs. water or milk 1 1/2 tbsp. salt (optional) 13 cup oats 1. Stir oats into briskly boiling salted water or milk. 2. Cook 1 minute stirring occasionally 3. Cover remove from heat. Let stand a few minutes. For a creamier texture, put oats and salt in cold water or milk bring to a boil cook as above.

SERVING SUGGESTIONS

1/2 CUP

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	180	Total Fat	3.5 g	Sodium	0 mg
Protein	6 g	Trans Fat	0 g	Calcium	20 mg
Total Carbohydrates	31 g	Saturated Fat	0.5 g	Iron	1.5 mg
Sugars	0 g	Added Sugars	0 g	Potassium	160 mg
Dietary Fiber	4 g	Polyunsaturated Fat	1.5 g	Zinc	
Lactose		Monounsaturated Fat	1.5 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	0	Vitamin D	0 mcg	Thiamin	0.2 mg
Vitamin A (RE)	0	Vitamin E		Niacin	0.5 mg
Vitamin C		Folate		Riboflavin	0.1 mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM	KOSHER	YES
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