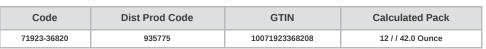


MARKETING



100% Whole Grain Oats. **365 Days for product performance 60 Days against infestation

PRODUCT SPECIFICATIONS



Brand Brand Owner		GPC Description		
HOSPITALITY	Gilster-Mary Lee Food Service	Cereals Products - Not Ready to Eat (Shelf Stable)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
36 LBR	31.5 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23.375 INH	12.938 INH	9.688 INH	1.696 FTQ	6x4	365 Days	50 FAH / 85 FAH

Nutrition Facts

26 Servings per container

Serving Size

Cholesterol 0 mg

Amount Per Serving Calories

1/2 CUP

0%

	% Daily Value*
Total Fat 3.5 g	4%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	

Sodium 0 mg 0% **Total Carbohydrates** 31 g 11% Dietary Fiber 4 g 16%

Total Sugars 0 g 0% Includes 0 g Added Sugars

Protein 6 g Vitamin D 0 mcg 0% Calcium 20 mg 0% Iron 1.5 ma 10%

Potassium 160 mg 4% The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

HANDLING SUGGESTIONS

DRY



SERVING SUGGESTIONS

1/2 CUP



PREPARATION & COOKING SUGGESTIONS



1 serving 1 cup water or milk scant 1/4 tsp salt (optional) 1/2 cup oats 6 serving 6 cup water or milk 1 tsp salt (optional) 3 cup oats 18 serving 4 15 qtrs. water or milk 1 tsps. salt (optional) 9 cup oats 26 serving 6 1/2 qtrs. water or milk 1 1/2 tbsp. salt (optional) 13 cup oats 1. Stir oats into briskly boiling salted water or milk. 2. Cook 1 minute stirring occasionally 3. Cover remove from heat. Let stand a few minutes. For a creamier texture, put oats and salt in cold water or milk bring to a boil cook as above.

INGREDIENTS



ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

([]) Milk - N

Peanuts - N

(()) Eggs - N

(1) Tree - N

🗞) Soybean - N











(!) Molluscs - N

MORE INFORMATION



with products containing: Wheat, Milk

935775 - Quick Oats, Box

100% Whole Grain Oats

NUTRITIONAL ANALYSIS



Calories	180
Protein	6 g
Total Carbohydrates	31 g
Sugars	0 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3.5 g
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	1.5 g
Monounsaturated Fat	1.5 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	20 mg
Iron	1.5 mg
Potassium	160 mg
Zinc	
Phosphorus	
Thiamin	0.2 mg
Niacin	0.5 mg
Riboflavin	0.1 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

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TRANS_FAT	FREE_FROM
	_

KOSHER	YES	
KOSHER	YES	