

Hi-C

149654 - Hi-C Fruit Punch Bag in box, 5 Gallons

The explosive fruit taste of Hi-C®, with 100% vitamin C per serving, can be enjoyed anytime, anywhere. Also available in Blazin' Blueberry, Boppin' Strawberry, Grabbin' Grape, Lite Orange Lavaburst, Strawberry Kiwi Kraze, Torrential Tropical Punch, Wild Cherry, Lite Flashin' Fruit Punch, Orange Lavaburst, Poppin' Pink Lemonade, and Smashin' Wild Berry.



MARKETING

Each serving of Hi-C contains a full day's supply of Vitamin C.. Made with real fruit juice.. Naturally and artificially flavored fruit drink.

Nutrition Facts

480 Servings per container

Serving Size8 oz

Amount Per Serving

Calories104

% Daily Value*

Total Fat%

Saturated Fat%

Trans Fat

Cholesterol 0 E14%

Sodium 10 mg%

Total Carbohydrates 29 g%

Dietary Fiber%

Total Sugars 28 g

Includes Added Sugars%

Protein 0 g

Vitamin D%

Calcium%

Iron%

Potassium%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
15560010	149654	00049000981636	1/5 gal			
Brand	Brand Owner	GPC Description				
Hi-C	The Coca-Cola Company	Drinks Flavoured - Ready to Drink				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
54.79 LBR	52.9 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.31 INH	11.44 INH	8.06 INH	0.816945 FTQ	10x5	122 Days	52 FAH / 86 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Product should be thawed under refrigeration to 35-40 degrees F before hand-mixing or dispensing. Refrigerate after thawing. While in use, keep chilled in refrigerator or on ice to prevent spoilage. When storing frozen, product doesn't freeze solid due to low water content and should be stacked 1 pallet high or racked.

- ALLERGENS
- C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - NI

Eggs - NI

Soybean - NI

Wheat - NI

Sesame - NI

Peanuts - NI

Tree - NI

Fish - NI

Shellfish - NI
- INGREDIENTS

HIGH FRUCTOSE CORN SYRUP, WATER, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, ASCORBIC ACID (VITAMIN C), SODIUM BENZOATE (TO PROTECT TASTE), MODIFIED FOOD STARCH, RED 40, GLYCEROL ESTER OF ROSIN.
- Last Saved: 10 April 2025 | Printed: 21 July 2025

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Page 1 of 2

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PREPARATION & COOKING SUGGESTIONS

5 to 1

SERVING SUGGESTIONS

One gallon of syrup yields 768 fluid ounces

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	104
Protein	0 g
Total Carbohydrates	29 g
Sugars	28 g
Dietary Fiber	
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	60 mg
Magnesium	
Monosodium	

Total Fat	
Trans Fat	
Saturated Fat	
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 E14
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	10 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

