

227652 - Chobani® Flip® Lowfat Greek Yogurt Peanut Butter Drea...

Over 20 flavors of lip-smacking snacking. Our most fun yogurt, Chobani® Flip® Greek Yogurt is a good source of protein. Perfectly portioned with a side of only natural, crunchy mix-ins. Great for breakfast or as a snack. Vanilla Chobani® Greek Yogurt with peanuts, peanut butter clusters, and milk chocolate. Made with only natural ingredients.



MARKETING

Good source of protein. Includes live & active cultures, and three types of probiotics. No modified cornstarch or high fructose corn syrup. Less than 5% lactose —a perfect part of a very low lactose diet. Naturally low in sodium

Nutrition Facts

1 Servings per container	
Serving Size	4.5 oz.
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 6	8%
Saturated Fat 3 g	15%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 70 mg	3%
Total Carbohydrates 20 g	7%
Dietary Fiber 1 g	4%
Total Sugars 17 g	
Includes 13 g Added Sugars	26%
Protein 9 g	
Vitamin D 0 mcg	0%
Calcium 120 mg	10%
Iron 0.5 mg	2%
Potassium 200 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
1555	227652	10818290014679	12 x 4.5 OZ

Brand	Brand Owner	GPC Description
Chobani®	Chobani, Inc.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
4.07 LBR	3.38 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.69 INH	9.19 INH	3.56 INH	447.89 INQ	13x9	80 Days	33 FAH / 38 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - C
- Wheat - MC
- Sesame - N
- Peanuts - C
- Tree Nuts - MC
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS

READY TO EAT

INGREDIENTS

Cultured Lowfat Milk, Cane Sugar, Water, Peanuts, Palm Kernel Oil, Chocolate, Rolled Oats, Cocoa Butter, Milk, Rice Flour, Honey, Natural Flavors, Salt, Fruit Pectin, Guar Gum, Peanut Butter (Peanuts, Salt), Skim Milk, Soy Lecithin, Cocoa, Annatto (For Color), Vanilla Extract, Lemon Juice Concentrate, Tapioca Flour. Contains Live And Active Cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidus, L. Casei, And L. Rhamnosus.

HANDLING SUGGESTIONS

Keep Refrigerated. Do Not Freeze

PREPARATION & COOKING SUGGESTIONS

READY TO EAT

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	180
Protein	9 g
Total Carbohydrates	20 g
Sugars	17 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	6
Trans Fat	0 g
Saturated Fat	3 g
Added Sugars	13 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	10 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	70 mg
Calcium	120 mg
Iron	0.5 mg
Potassium	200 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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