

20 Lb (9.07 kg) Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Nuggets 1 oz, CN, MSC

High Liner Whole Grain Golden Crunchy Pollock Nuggets are a step up in the fish nugget category with tasty whole grain breading. Made from wild caught Alaska Pollock, these crispy-fun, deliciously tender fish nuggets have an appeal kids and adults will find hard to resist. Each is oven-ready, and bakes from frozen to golden crunchy perfection in minutes to enhance a variety of Child Nutrition-approved applications.

Product Last Saved Date: 21 August 2025

Nutrition Fact	ts
30 Servings per container	
Serving Size 4 Nugge	ets (112g)
mount Per Serving	200
Calories	230
	% Daily Value*
fotal Fat 9 g	11%
Saturated Fat 1.5 g	7%
<i>Trans</i> Fat 0 g	
Cholesterol 45 mg	15%
Sodium 330 mg	14%
Total Carbohydrates 23 g	8%
Dietary Fiber 2 g	7%
Total Sugars 1 g	
Includes 1 g Added Sugars	1%
Protein 16 g	
ítamin D 1.3 mcg	6%
Calcium 0 mg	0%
on 1.5 mg	8%
otassium 320 mg	6%

Product Specifications :								
Code		GTIN			Type Of Catch			
1089303	L	10035493893010			WILD			
Brand				GPC Description				
High Liner Foodservice				Fish - Prepared/Processed (Frozen)				
Gross We	eight	Net Weight	Count	ry of O	rigin Kosher		osher	Gluten Free
22 LBF	2	20 LBR		N/A	Undeclared		leclared	No
Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf	Life	Storag	e Temp From/To
15.8125 INH	9.8125 INH	12.125 INH	1.0887 FTQ	12x3	547 Da	ays	-10 FAH / 0 FAH	

Ingredients :

64.2% ALASKA POLLOCK; 35.8% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - N	Milk - C	Soy - N			
Fish - C	Wheat - C	TreeNuts - N			
Peanuts - N	Crustacean - N	Sesame - N			

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen nuggets on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 11-13 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Serving Suggestions:

Excellent for school lunch, or as a healthier breaded option for healthcare and senior living center dining paired with your favorite complementary sides and dipping sauce.

Claims & Child Nutrition:

BAP Certified:	
MSC Certified:	Yes
Has CN Statement:	Yes
CN Statement:	FOUR 1.00 OZ OVEN READY WHOLE GRAIN GOLDEN CRUNCHY
	BREADED FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT
	AND 1.50 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL

PATTERN REOUIREMENTS









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page

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CN Information:

CN Statement :

FOUR 1.00 OZ OVEN READY WHOLE GRAIN GOLDEN CRUNCHY BREADED FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.50 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS

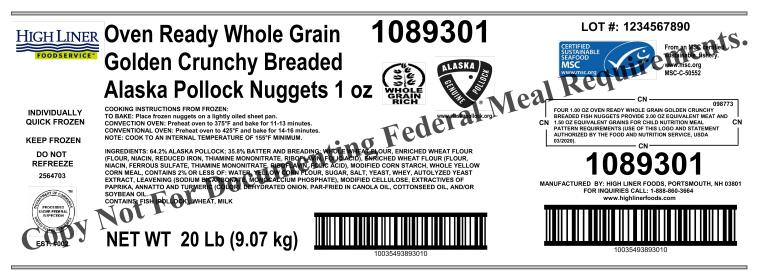
Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



High Liner Bid Desk Contact and Specification Verification:

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