

## 20 Lb (9.07 kg) Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Nuggets 1 oz, CN, MSC

High Liner Whole Grain Golden Crunchy Pollock Nuggets are a step up in the fish nugget category with tasty whole grain breading. Made from wild caught Alaska Pollock, these crispy-fun, deliciously tender fish nuggets have an appeal kids and adults will find hard to resist. Each is oven-ready, and bakes from frozen to golden crunchy perfection in minutes to enhance a variety of Child Nutrition-approved applications.

Product Last Saved Date: 07 November 2025

# **Nutrition Facts**

80 Servings per container

**Serving Size** 4 Nuggets (112g)

**Amount Per Serving** 

2	
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Calories	230
	% Daily Value*
Total Fat 9 g	11%
Saturated Fat 1.5 g	7%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 330 mg	14%
Total Carbohydrates 23 g	8%
Dietary Fiber 2 g	7%
Total Sugars 1 g	
Includes 1 g Added Sugars	1%
Protein 16 g	
Vitamin D 1.3 mcg	6%
Calcium 0 mg	0%
Iron 1.5 mg	8%
Potassium 320 mg	6%

Product Specifications :			
Code	GTIN	Type Of Catch	
1089301	10035493893010	WILD	

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22 LBR	20 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	9.8125 INH	12.125 INH	1.0887 FTQ	12x3	547 Days	-10 FAH / 0 FAH

## Ingredients:

64.2% ALASKA POLLOCK; 35.8% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL. CONTAINS 2% OR LESS OF: WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - 30	Milk - C	Soy - 30		
Fish - C	Wheat - C	TreeNuts - 30		
Peanuts - 30	Crustacean - 30	Sesame - 30		

## Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen nuggets on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 11-13 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 14-16 minutes, NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM

## Serving Suggestions:

nutrition advice.

Excellent for school lunch, or as a healthier breaded option for healthcare and senior living center dining paired with your favorite complementary sides and dipping sauce.

#### Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

#### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes Has CN Statement: Yes

CN Statement:

FOUR 1.00 OZ OVEN READY WHOLE GRAIN GOLDEN CRUNCHY BREADED FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.50 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL

PATTERN REQUIREMENTS (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA

03/2020).









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 2

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Suggested Bid:

Meat/Meat Alternative :

WholeGrain Credit Calculation:

## Label Copy:

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACEP10SESSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark

HIGH LINER Oven Ready Whole Grain **Golden Crunchy Breaded** Alaska Pollock Nuggets 1 oz

1089301

LOT #: 1234567890

INDIVIDUALLY QUICK FROZEN

TO BAKE: Place frozen nuggets on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 11-13 minutes

KEEP FROZEN DO NOT REFREEZE 2564703

OUR, ENRICHED WHEAT FLOUR (FLOUR, FOLIC, ACID), ENRICHED WHEAT FLOUR (FLOUR, FOLIC ACID), MODIFIED CORN STARCH, WHOLE YELLOW OUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST RIED IN CANOLA OIL, COTTONSEED OIL, AND/OR

NET WT 20 Lb (9.07 kg)



IOLE GRAIN GOLDEN CRUNCHY
VIDE 2.00 OZ EQUIVALENT MEAT AND SERVICE, USDA



High Liner Bid Desk Contact and Specification Verification:

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