



MARKETING

Nutrition Facts

18 Servings per container	
Serving Size	1/2 Cup (123 g)
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 11 g	14%
Saturated Fat 2.5 g	13%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 550 mg	24%
Total Carbohydrates 7 g	3%
Dietary Fiber 0 g	0%
Total Sugars 4 g	
Includes 0 g Added Sugars	0%

Protein 8 g	
Vitamin D 0 mcg	0%
Calcium 80 mg	6%
Iron 0.9 mg	4%
Potassium 340 mg	8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10013800300185USL	351129	10013800300185	4 x 76 OZ

Brand	Brand Owner	GPC Description
STOUFFER'S	Société des Produits Nestlé S.A.	Ready-Made Combination Meals - Not Ready to Eat (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
20.4 LBR	18.96 LBR	No		Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20.8 INH	13.2 INH	3.55 INH	.56	7x14	300 Days	-18 FAH / -13 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

-  Milk - C
-  Peanuts - NI
-  Eggs - NI
-  Tree Nuts - NI
-  Soy - NI
-  Fish - NI
-  Wheat - C
-  Shellfish - NI
-  Sesame - NI

SERVING SUGGESTIONS

Excellent served over flaky biscuits, toast points, corn bread, English muffins, or a croissant and garnish with fresh parsley for a classic breakfast or brunch entree. Delicious over baked potato, steamed rice or al denté egg noodles. Feature in a puff pastry shell or fried potato basket. Spoon over a vegetable omelet and garnish with chopped green onions. Stir in sautéed mushrooms and red and green peppers strips for a unique presentation.

INGREDIENTS

SKIM MILK, CHIPPED BEEF CHUNKED AND FORMED (BEEF, SALT, SODIUM ERYTHORBATE, SODIUM NITRITE, AND BHT, TBHQ, CITRIC ACID ADDED TO PROTECT FLAVOR), WATER, SOYBEAN OIL, 2% OR LESS OF MODIFIED CORNSTARCH, BLEACHED WHEAT FLOUR, WHEY, POTASSIUM SALT, LACTOSE, SEASONING (MALTODEXTRIN, FLAVOR, ENZYME MODIFIED BUTTERFAT), SEASONING (WHEAT STARCH, EXTRACTIVES OF TURMERIC & ANNATTO COLOR, NATURAL FLAVOR), XANTHAN GUM, SPICE.

HANDLING SUGGESTIONS

PREPARATION & COOKING SUGGESTIONS

CONVECTION OVEN 325°F Preheated: Do not loosen lid. Place tray on a baking sheet. Stir halfway through cooking; replace lid. Cook Frozen (0°F) product 35-40 min. / Thawed (40°F or less) product 20-25 min.

MORE INFORMATION

NUTRITIONAL ANALYSIS



Calories	160
Protein	8 g
Total Carbohydrates	7 g
Sugars	4 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	11 g
Trans Fat	0 g
Saturated Fat	2.5 g
Added Sugars	0 g
Polyunsaturated Fat	4.5 g
Monounsaturated Fat	2 g
Cholesterol	20 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	550 mg
Calcium	80 mg
Iron	0.9 mg
Potassium	340 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

