260218 - Prepared Lo Mein Noodle

Pre-cooked Lo-Mein noodle made from bleached wheat flour, eggs, and other ingredients. The product is shipped and stored frozen.



MARKETING



Nutrition Facts

16 Servings per container

Serving Size 5 ounces (141a)

Amount Per Serving **Calories**

%

	% Daily Value*
Total Fat 2 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	

Cholesterol 0 mg	0%
Sodium 230 mg	10%

Total Carbohydrates 48 g	16%
Dietary Fiber 2 g	10%

Total Sugars 1 g **Includes Added Sugars**

Protein 11 g

Vítamin D	%
Calcium	2%
Iron	8%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack	
FPLM	260218	10043431003018	6 / 5.0 Pound	

Brand	Brand Owner	GPC Description
Golden Bowl	Wonton Food Inc.	Pasta/Noodles - Not Ready to Eat (Frozen)

Gross Weigh	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
31 LBR	30 LBR	No	United States	Undeclared	No

l	Shipping						
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
	15.5 INH	7.5 INH	9.875 INH	0.66433 FTQ	15x4	365 Days	-20 FAH / 0 FAH

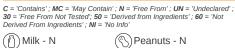
ALLERGENS



SERVING SUGGESTIONS



Wok-Ready noodle for stir-fry.



Peanuts - N



(1) Tree Nuts - N



Fish - N



(M) Shellfish - N

Sesame - N

INGREDIENTS



HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



Keep frozen until used. The shelf life of the product Partially Cooked. 1-2 mins cook time in the wok is 6 months under frozen storage.

MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	250
Protein	11 g
Total Carbohydrates	48 g
Sugars	1 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Vitallili B-0	

Sodium	230 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

