

260218 - Prepared Lo Mein Noodle

Pre-cooked Lo-Mein noodle made from bleached wheat flour, eggs, and other ingredients. The product is shipped and stored frozen.



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
FPLM	260218	10043431003018	6 / 5.0 Pound

Brand	Brand Owner	GPC Description
Golden Bowl	Wonton Food Inc.	Pasta/Noodles - Not Ready to Eat (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
31 LBR	30 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.5 INH	7.5 INH	9.875 INH	0.66433 FTQ	15x4	365 Days	-20 FAH / 0 FAH

Nutrition Facts

16 Servings per container

Serving Size 5 ounces (141g)

Amount Per Serving
Calories **250**

% Daily Value*

Total Fat 2 g **3%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 230 mg **10%**

Total Carbohydrates 48 g **16%**

Dietary Fiber 2 g **10%**

Total Sugars 1 g

Includes Added Sugars %

Protein 11 g

Vitamin D %

Calcium 2%

Iron 8%

Potassium %

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - C
- Soy - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS



Wok-Ready noodle for stir-fry.

INGREDIENTS



Bleached Wheat Flour, Water, Pasteurized Liquid Egg White, Wheat Gluten, Salt, Potassium Carbonate, Sodium Carbonate, Potassium Sorbate as a Preservative, FD & C Yellow #5 & #6, and Soybean Oil. Contains: Wheat and Eggs

HANDLING SUGGESTIONS



Keep frozen until used. The shelf life of the product is 6 months under frozen storage.

PREPARATION & COOKING SUGGESTIONS



Partially Cooked. 1-2 mins cook time in the wok

MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	250
Protein	11 g
Total Carbohydrates	48 g
Sugars	1 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	230 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS