

Golden Bowl

260218 - Prepared Lo Mein Noodle

Pre-cooked Lo-Mein noodle made from bleached wheat flour, eggs, and other ingredients. The product is shipped and stored frozen.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
FPLM	260218	10043431003018	6 / 5.0 Pound			
Brand	Brand Owner	GPC Description				
Golden Bowl	Wonton Food Inc.	Pasta/Noodles - Not Ready to Eat (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
31 LBR	30 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.5 INH	7.5 INH	9.875 INH	0.66433 FTQ	15x4	365 Days	-20 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Keep frozen until used. The shelf life of the product is 6 months under frozen storage.

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - N

Eggs - C

Soybean - N

Wheat - C

Sesame - N

AU - N
- Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

Molluscs - N

Nutrition Facts

16 Servings per container

Serving Size 5 ounces (141g)

Amount Per Serving

Calories 250

% Daily Value*

Total Fat 2 g 3%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 230 mg 10%

Total Carbohydrates 48 g 16%

Dietary Fiber 2 g 10%

Total Sugars 1 g

Includes Added Sugars %

Protein 11 g

Vitamin D %

Calcium 2%

Iron 8%

Potassium %

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Bleached Wheat Flour, Water, Pasteurized Liquid Egg White, Wheat Gluten, Salt, Potassium Carbonate, Sodium Carbonate, Potassium Sorbate as a Preservative, FD & C Yellow #5 & #6, and Soybean Oil.Contains: Wheat and Eggs

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PREPARATION & COOKING SUGGESTIONS

Partially Cooked. 1-2 mins cook time in the wok

SERVING SUGGESTIONS

Wok-Ready noodle for stir-fry.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	250
Protein	11 g
Total Carbohydrates	48 g
Sugars	1 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	230 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS