# 100936 - Ham Egg and Cheese On a Muffin

Jimmy Dean® Ham, Egg & Cheese Muffin Sandwiches pack all the breakfast goodness your customers need to help conquer any morning. Individually wrapped in ovenable/microwavable paper, they are easy for you to prepare and easy for customers to eat on the go. And they can be held up to 4 hours in a warmer to extend product life. Best of all, they feature the familiar quality and gr...



#### MARKETING

Individually butcher wrapped for quick heating and ease of on-the-go eating. Fully cooked to help minimize labor time and food safety concerns with easy heatand-serve sandwiches. Provide consistent performance in products so you can serve popular breakfast sandwiches with confidence. Can be refrigerated to prep ahead instead of in the moment and held in a warmer for up to 4 hours to extend product life.

# **Nutrition Facts**

1 Servings per container

Serving Size 4.14 OZ SERVING, 1 Servings Per Container

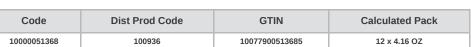
## **Amount Per Serving** Calories

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	% Daily Value*
Total Fat 10 g	13%
Saturated Fat 4 g	20%
Trans Fat 0 g	
Cholesterol 130 mg	43%
Sodium 730 mg	32%
Total Carbohydrates 30 g	11%
Dietary Fiber 1 g	4%
Total Sugars 2 g	
Includes 1 g Added Sugars	2%
Protein 13 g	
Vitamin D 1.4 mcg	6%
Calcium 140 mg	10%

Iron 2.5 mg 15	5%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PRODUCT SPECIFICATIONS



Brand	Brand Owner	GPC Description	
Jimmy Dean	Tyson Foods Inc.	Pork - Prepared/Processed	

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
3.55219 LBR	3.07 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.3125 INH	7.625 INH	5.3125 INH	0.2886 FTQ	20x7	210 Days	-10 FAH / 10 FAH

# HANDLING SUGGESTIONS

Frozen



**SERVING SUGGESTIONS** 



advice.

# PREPARATION & COOKING SUGGESTIONS



Convection Oven Preheat convection oven to 300°E. Place wrapped sandwiches on baking pan. Heat 25-30 minutes or until hot. Caution: Product will be hot. Enjoy!

#### **INGREDIENTS**



**ALLERGENS** 



C = 'Contains': MC = 'May Contain': N = 'Free From': UN = 'Undeclared':

([]) Milk - C

(S) Peanuts - N

(C) Eggs - C











English Muffin: Enriched Wheat Flour (Wheat Flour, 30 = 'Free From Not Tested'; 50 = 'Derive Derived From Ingredients'; NI = 'No Info' Malted Barley Flour, Niacin, Reduced Iron, Thiamine

Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Contains Less Than 2% Of: Sugar, Wheat Gluten, Datem, Citric Acid, Fumaric Acid, Salt, Ascorbic Acid, Artificial And Natural Flavors, Distilled Monoglycerides, Calcium Propionate And Potassium Sorbate (Preservatives), Enzyme, Soybean Oil, Yellow Degermed Corn Flour, Yellow Degermed Corn Meal, Vinegar. Grilled Egg Patty: Whole Eggs, Nonfat Milk, Egg Yolk, Soybean Oil, Modified Corn Starch, Potassium Sorbate (Preservative), Monosodium Phosphate, Salt. Xanthan Gum. Natural And Artificial Butter Flavor (Soybean Oil, Butter, Lipolyzed Butter Oil, And Natural And Artificial Flavors), Sodium Acid Pyrophosphate, Nisin Preparation (Preservative), Citric Acid, Soy Lecithin (Release Agent). Smoked Ham Water Added, Smoke Flavoring Added: Ham, Cured With Water, Contains 2% Or Less: Modified Corn Starch, Salt, Sugar, Sodium Lactate, Potassium Lactate, Sodium Phosphate, Sodium Diacetate, Smoke Flavoring, Dextrose, Sodium

MORE INFORMATION



Erythorbate, Sodium Nitrite, Flavorings. Pasteurized Process Cheddar Cheese: Cultured Milk, Water, Cream, Sodium Phosphates, Salt, Sorbic Acid (A Preservative), Vegetable Color (Annatto And Paprika Extract), Enzymes.

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# NUTRITIONAL ANALYSIS

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Calories	260
Protein	13 g
Total Carbohydrates	30 g
Sugars	2 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	10 g
Trans Fat	0 g
Saturated Fat	4 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	130 mg
Vitamin D	1.4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	730 mg
Calcium	140 mg
Iron	2.5 mg
Potassium	220 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

#### **NUTRITIONAL CLAIMS**

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#### MORE IMAGES







