

#### 10.35 Lb (4.69 kg) Oven Ready Whole Grain Potato Breaded Pollock Wedges 3.6 oz, CN

High Liner Foodservice Whole Grain Potato Crunch Alaska Pollock wedges add real potato sticks to the breading for a distinct flavor and extra crunchy bite kids and adults can't resist. Each wild caught, oven-ready, portion-controlled fillet bakes from frozen to golden crispy perfection in minutes with no mess.

Product Last Saved Date: 20 October 2025



## **Nutrition Facts**

46 Servings per container

Serving Size 1 Piece (101g / 3.6 oz)

Calories	210
	% Daily Value*
Total Fat 11 g	14%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 330 mg	14%
Total Carbohydrates 13 g	5%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugar	s <b>0%</b>
Protein 14 g	
Vitamin D 1 mcg	6%
Calcium 14 mg	2%
Iron 1 mg	6%
Potassium 312 mg	6%

Product Specifications :				
Code	GTIN	Type Of Catch		
53364	10070737533642	WILD		

Brand	GPC Description		
High Liner Foodservice	Fish - Prepared/Processed (Frozen)		

Gross Weight	ght Net Weight Country of Origin		Kosher	Gluten Free	
11.385 LBR	10.35 LBR	N/A	Undeclared	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

#### Ingredients:

71.3% POLLOCK, 28,7% BATTER AND BREADING; WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEHYDRATED POTATOES (POTATOES, MONO AND DIGLYCERIDES, DEXTROSE), WATER, CORN SYRUP, POTATO FLAKES (POTATOES, MONOGLYCERIDES), SALT, TAPIOCA STARCH, RICE FLOUR, POTATO STARCH, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, PALM OIL, DEXTROSE, CANOLA OIL, SUGAR, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL CONTAINS: POLLOCK (FISH), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - 30	Milk - 30	Soy - 30		
Fish - C	Wheat - C	TreeNuts - 30		
Peanuts - 30	Crustacean - 30	Sesame - 30		

#### **Prep & Cooking Suggestions:**

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: PLACE FROZEN PORTIONS ON A LIGHTLY OILED SHEET PAN CONVECTION OVEN: PREHEAT OVEN TO 375°E AND BAKE FOR 15-18 MINUTES. CONVENTIONAL OVEN: PREHEAT OVEN TO 400°F AND BAKE FOR 20-25 MINUTES. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

### Species / Scientific Name:

Pollock - Gadus chalcogrammus

#### Serving Suggestions:

nutrition advice.

Serve with potatoes and veggies. Use as fish item in seafood platter.

#### Claims & Child Nutrition:

BAP Certified: MSC Certified:

Has CN Statement: Yes

CN Statement:

ONE 3.60 OZ. OVEN READY WHOLE GRAIN POTATO BREADED POLLOCK WEDGE PROVIDES 2.00 OZ. EQUIVALENT MEAT AND 0.75 OZ. EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL

PATTERN REQUIREMENTS.









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 2

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Suggested Bid:

Meat/Meat Alternative :

WholeGrain Credit Calculation:

#### Label Copy:

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN DO NOT REFREEZE

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

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3.6 oz

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ONTE: CONVENTIONAL OVEN! PREHEAT OVEN TO 305'S AND BAKE FOR 45 88 MINUTES:

NOTE: CONCITO AND INTERNAL TEMPERATURE OF 155'F MINIMUM.

INDREDIENTS: 71.3% POLLOCK, 28.7% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEHYDRATED POTATOES (POTATOES, MONO AND DIGLYCERIDES, DEXTROSE), WATER, CORN SYRUP, POTATO FLAKES (POTATOES, MONOGLYCERIDES), SALT, TAPICCA STARCH, RICE FLOUR, POTATO STARCH, LEAVENING (SODIUM BIGLARBONATE, SODIUM ALLUMIN PHOSPHATE), YEAST, PALM OIL, DEXTROSE, CANOLA OIL, SUGAR, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

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MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-31 www.highlinerfoodservice.com

NET WT 10.35 Lb (4.70 kg)

53364

EST. # 045

LOT#:

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Meal Pattern Requirements

53364

High Liner Bid Desk Contact and Specification Verification:

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