

199988 - Nature Valley(TM) Oatmeal Round, Apple Cinnamon 2.32o...

Nature Valley(TM) whole grain-rich, frozen, soft oatmeal rounds in individually wrapped, ovenable packages. Real apple puree and cinnamon chips baked in for no-mess eating and 32 grams of whole grain per serving. For crediting in USDA Child Nutrition Programs: meets 2 ounce equivalent grain and whole grain-rich criteria. Options for Thaw & Serve or Heat & Serve.



MARKETING

Hearty, grab 'n go, vegetarian, individually wrapped, oatmeal in a delicious apple cinnamon flavor. These frozen rounds are made with the Nature Valley(TM) brand kids love. Pouches can be thaw and served or heat and served.. Nature Valley(TM) Oatmeal Rounds are packaged with 72 individually wrapped single flavor pouches per case.. Nature Valley(TM) Oatmeal Rounds are individually wrapped for heat & serve or thaw & serve preparation, making them a great for many service models including cafeteria, classroom, and curbside. . Nature Valley frozen breakfast products contain no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Products are whole grain rich and vegetarian.. For crediting in USDA Ch...

Nutrition Facts

72 Servings per container	
Serving Size	1 round
Amount Per Serving	
Calories	270
% Daily Value*	
Total Fat 12	15%
Saturated Fat 4.5 g	23%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 240 mg	10%
Total Carbohydrates 39 g	14%
Dietary Fiber 4 g	13%
Total Sugars 15 g	
Includes 13 g Added Sugars	27%
Protein 5 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 1.4 mg	8%
Potassium 140 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
17365000	199988	10016000173658	72/2.32 OZ

Brand	Brand Owner	GPC Description
Nature Valley	GENERAL MILLS SALES INC.	Cereal/Muesli Bars

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.000 LBR	10.44 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.430 INH	8.930 INH	11.120 INH	0.71400 FTQ	16x6	252 Days	0 FAH / 10 FAH

HANDLING SUGGESTIONS

KEEP FROZEN

SERVING SUGGESTIONS

1 pouch

PREPARATION & COOKING SUGGESTIONS

2 WAYS TO PREP 1. Heat & Serve: Heat frozen Oatmeal Rounds in ovenable pouch Preheat oven to 350°F. Place pouches flat on baking sheet and heat per chart below: Convection Oven 7-9 minutes* Conventional Oven 8-10 minutes* Warming Unit: Preheat Warming Unit to 150°F. Place pouches flat on a baking sheet and heat for 60 minutes 2. Thaw & Serve: Thaw at room temperature for 120 minutes prior to serving. *DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type or load Consume within 6 hours of preparing

INGREDIENTS

Whole Grain Rolled Oats, Whole Wheat Flour, Sugar, Palm Oil, Cinnamon Chips (sugar, palm and/or palm kernel oil, cinnamon, nonfat milk, soy lecithin), Tapioca Syrup, Apple Puree Concentrate, Canola Oil, Water. Contains 2% or less of: Molasses, Dried Egg, Salt, Baking Soda, Cinnamon, Sodium Aluminum Phosphate, Natural Flavor.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	270
Protein	5 g
Total Carbohydrates	39 g
Sugars	15 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	12
Trans Fat	0 g
Saturated Fat	4.5 g
Added Sugars	13 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	20 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	240 mg
Calcium	30 mg
Iron	1.4 mg
Potassium	140 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM	WHOLE_GRAIN	CONTAINS	MSG	FREE_FROM
ARTIFICIAL_FLAVOUR	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
ENERGY	SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	WHOLE_GRAIN	EXCELLENT_SOURCE_OF
VEGETARIAN	YES				

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