## 351690 - Mini Classic Cheddar Pierogies 2.8 lb

"Big flavor, real food that always hits the spot."





% Daily Value\*



## MARKETING



## Serving Size 11 pc. **Amount Per Serving Calories**

**Nutrition Facts** 

36 Servings per container

Total Fat 3 g	5%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 5 mg	2%
Sodium 530 mg	22%
Total Carbohydrates 41 g	14%
Dietary Fiber 2 g	7%
Total Sugars 1 g	
Includes Added Sugars	%
Protein 7 g	

Vitamin D	%
Calcium	4%
Iron	10%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack	
4116400834	351690	10041164008348	4 x 100 CT	

Brand	Brand Owner	GPC Description
Mrs. Ts	Mrs. Ts Pierogies	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.1 LBR	11.44 LBR	No	United States	Yes	No

				;	Shipping		
L	ength	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.	.562 INH	9.5 INH	7.125 INH	0.492 FTQ	9x15	540 Days	0 FAH / 0 FAH

## **ALLERGENS**





INGREDIENTS: WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), POTATO FLAKES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, CITRIC ACID), SOYBEAN OIL,

DEHYDRATED CHEDDAR CHEESE (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], DISODIUM PHOSPHATE), SALT, ONION, NATURAL FLAVOR, EGGS, YEAST EXTRACT,

(門) Milk - C

( Peanuts - N

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'



(1) Tree Nuts - N





Fish - N



Shellfish - NI



Keep Frozen

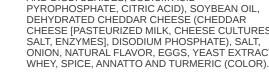
favorite seasonings and sauces.

Saute, boil, fry, steam, or bake and top with your



## **INGREDIENTS**





### HANDLING SUGGESTIONS



oil on medium heat. Turn occasionally until golden brown, approximately 4-6 minutes on each side.Boil: Bring 2 quarts of water to boil. Add frozen pierogies and heat for 3-5 minutes (DO NOT wait for water to re-boil); drain. Top with butter and sautéed onions.Bake: Preheat oven to 400°F. Spray cooking sheet and both sides of pierogies with non-stick cook spray. Bake 16-18 minutes until golden brown and puffed, turning  $\frac{1}{2}$  way through bake time.

Sauté: Sauté frozen pierogies in skillet with butter or

## MORE INFORMATION



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## **NUTRITIONAL ANALYSIS**

Calories	220
Protein	7 g
Total Carbohydrates	41 g
Sugars	1 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	530 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## **NUTRITIONAL CLAIMS**



KOSHER	YES
KOSHER	YES