

234233 - Raw Falafel Dough

Afia's falafel is made with simple ingredients: soaked chickpeas, non-irradiated spices and baking soda. They are vegan, gluten-free and made from Non-GMO Project Verified ingredients that are ready to heat & serve.



MARKETING

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Nutrition Facts

58 Servings per container

Serving Size **3.0 PC**

Amount Per Serving
Calories **130**

% Daily Value*

Total Fat 2 g **3%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 360 mg **16%**

Total Carbohydrates 23 g **8%**

Dietary Fiber 4 g **14%**

Total Sugars 4 g

Includes 0 g Added Sugars **0%**

Protein 7 g

Vitamin D 0 mcg 0%

Calcium 20 mg 2%

Iron 2.3 mg 15%

Potassium 270 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
FS-BFD		10850002949046		2/5 LB		
Brand	Brand Owner	GPC Description				
Afia	Afia LLC	Grain Based Products / Meals - Not Ready to Eat - Savoury (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11 LBR	10 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10 INH	10 INH	4.5 INH	0.26 FTQ	16x11	475 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Frozen-----

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - MC
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

INGREDIENTS

garbanzo beans, water, onion, baking soda, salt, cilantro, cumin, parsley, garlic, cayenne pepper

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PREPARATION & COOKING SUGGESTIONS

- From frozen thaw in refrigerator/cooler- Form desired shaped/size and place falafel in fryer- Fry at 365°F for 4 - 6 minutes until golden brown - times and temperatures are based on falafel depth of 1.75cm - for larger/deeper falafel temp and time must be adjusted and internal temperature must reach 165°F or more.- Cook/Heat thoroughly to ensure internal temperature reaches 165°F or more

SERVING SUGGESTIONS

Cook/Heat thoroughly to ensure internal temperature reaches 165°F or more

MORE INFORMATION