

147891 - HORMEL VITAL CUISINE MIGHTYSHAKES Nutritional Shake -...

Add calories and protein in a small portion



MARKETING

Great tasting vanilla flavored nutritional milk shake.. Thaw and Serve.. 75/4 oz.. Nutritional shake. 6 g Protein / 11% DV 220 Calories Kosher

Nutrition Facts

1 Servings per container	
Serving Size	1 Carton
Amount Per Serving	
Calories	220
% Daily Value*	
Total Fat 7	9%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 100 mg	4%
Total Carbohydrates 33 g	12%
Dietary Fiber 0 g	0%
Total Sugars 19 g	
Includes 14 g Added Sugars	28%

Protein 6 g	
Vitamin D 3 mcg	
Calcium 200 mg	
Iron 0 mg	
Potassium 90 mg	

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
12976	147891	10099429129765	HORMEL VITAL CUISINE MIGHTYSHAKES Nutritional Shake - Vanilla			
Brand		Brand Owner		GPC Description		
MIGHTYSHAKES		Lyons Magnus		Health Enhancement Variety Packs		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
24.43 LBR	21.84 LBR	No		United States	Yes	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5 INH	12.25 INH	9 INH	0.79753 FTQ	12x5	450 Days	-20 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

RECOMMENDED TEMPERATURE: 0F. MINIMUM TEMPERATURE: -20F. MAXIMUM TEMPERATURE: 10F. STORAGE: KEEP FROZEN.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - C
- Wheat - N
- Sesame - N
- Crab - N
- Shrimp - N
- Bass - N
- Cod - N
- Salmon - N
- Clam - N
- Pine Nuts - N
- Cashews - N
- Chinquapins - N
- Hazelnuts - N
- Shea Nuts - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Tuna - N
- Lobster - N
- Crustaceans - N
- Anchovy - N
- Pollock - N
- Mustard - N
- Oysters - N
- Almonds - N
- Butternuts - N
- Ginkgo Nuts - N
- Hickory Nuts - N
- Pili Nuts - N

INGREDIENTS

ARTIFICIALLY FLAVORED Ingredients: Water, Corn Syrup, Skim Milk, High Fructose Corn Syrup, Milk Protein Concentrate, Corn Oil, Contains 2% or less of Milk Permeate, Isolated Soy Protein (Contains Calcium Phosphate, Soy Lecithin), Maltodextrin, Phosphate Blend (Tripotassium Phosphate, Dipotassium Phosphate, Sodium Hexametaphosphate), Natural and Artificial Flavoring, Carrageenan, Guar Gum, Mono- and Diglycerides, Xanthan Gum, Titanium Dioxide (Color), Locust Bean Gum, Propylene Glycol, Vitamin A&D Blend (Water, Polysorbate 80, Propylene Glycol [Preservative], Vitamin A Palmitate, Vitamin D3), Benzyl Alcohol, Ethyl Alcohol, Benzyl Benzoate (To Maintain Freshness). Contains: Milk, Soy.

- ⓘ Lichee Nuts - N
- ⓘ Macadamia Nuts - N
- ⓘ Chestnuts - N
- ⓘ Coconuts - N
- ⓘ Pecan Nuts - N
- ⓘ Brazil Nuts - N
- ⓘ Pistachios - N
- ⓘ Walnuts - N
- ⓘ Molluscs - N

PREPARATION & COOKING SUGGESTIONS

Thaw and Serve

SERVING SUGGESTIONS

Improved nutrition

MORE INFORMATION

Telephone : 800-533-2000

NUTRITIONAL ANALYSIS

Calories	220	Total Fat	7	Sodium	100 mg
Protein	6 g	Trans Fat	0 g	Calcium	200 mg
Total Carbohydrates	33 g	Saturated Fat	1 g	Iron	0 mg
Sugars	19 g	Added Sugars	14 g	Potassium	90 mg
Dietary Fiber	0 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat	0 g	Phosphorus	130 mg
Sucrose		Cholesterol	10 mg		
Vitamin A (IU)	140	Vitamin D	3 mcg	Thiamin	
Vitamin A (RE)	140	Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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