



MARKETING

Nutrition Facts

1 Servings per container

Serving Size1 container

Amount Per Serving

Calories80

% Daily Value*

Total Fat 00%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 75 mg3%

Total Carbohydrates 15 g5%

Dietary Fiber 0 g0%

Total Sugars 12 g

Includes 7 g Added Sugars14%

Protein 3 g

Vitamin D 4 mcg20%

Calcium 320 mg25%

Iron 0 mg0%

Potassium 190 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
121026	227546	10078800116860	NA

Brand	Brand Owner	GPC Description
Upstate Farms	Upstate Niagara Cooperative, Inc.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.5 LBR	12 LBR	No		Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.19 INH	9.94 INH	7.19 INH	.55	14x8	90 Days	34 FAH / 40 FAH

HANDLING SUGGESTIONS

SERVING SUGGESTIONS

Ready to eat as is or delicious when mixed with granola or fruit.

PREPARATION & COOKING SUGGESTIONS

Keep refrigerated until ready to serve.

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Cherries, Whey, Tricalcium Phosphate, Gellan Gum, Natural Cherry & Vanilla Flavors, Natural Flavors, Citric Acid, Fruit and Vegetable Juice Concentrate (For Color), Potassium Sorbate (For Freshness), Vitamin D3

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - N

Soybean - N

Wheat - N

Sesame - N

AU - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

Mustard - N

MORE INFORMATION

NUTRITIONAL ANALYSIS



Calories	80
Protein	3 g
Total Carbohydrates	15 g
Sugars	12 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	7 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	320 mg
Iron	0 mg
Potassium	190 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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