## Quaker

# 202621 - Quaker Instant Oatmeal Maple & Brown Sugar 1.69 Oz

Your favorite QUAKER Oatmeal now in a convenient on-the-go-cup . The great taste and fuel your customers want to start their day QUAKER thinks it's important to celebrate the classics: that's why we've taken Instant QUAKER Oatmeal Maple & Brown Sugar and made it even more convenient. Get the warm and familiar flavor you love in a convenient on-the-go cup. In a convenient Bul...



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#### **PRODUCT SPECIFICATIONS**

| Code Dist Prod Co          |                                 |       | od Code  |                       | GTIN            |  |                             | Calculated Pack |                        |              |                 |
|----------------------------|---------------------------------|-------|----------|-----------------------|-----------------|--|-----------------------------|-----------------|------------------------|--------------|-----------------|
| 00030000319710 202621      |                                 |       |          |                       | 2621            |  |                             | 000300003197    | 10                     | 24 x 1.69 OZ |                 |
| Brand Brand Owner          |                                 |       |          |                       | GPC Description |  |                             |                 |                        |              |                 |
| Quaker                     | Quaker PepsiCo Inc. Brand Owner |       |          |                       |                 | Cereals Products - Not Ready to Eat (Shelf Stable) |                             |                 |                        |              |                 |
| Gross Wei                  | Weight Net Weight Case/Catch    |       |          |                       |                 | Weigh  | nt                          | Country Of      | Origin                 | Kosher       | Child Nutrition |
| 4.1 LBR                    |                                 | 2.54  | LBR      |                       | No              |  |                             | United Sta      | tes                    | Yes          | No              |
| Shipping                   |                                 |       |          |                       |                 |  |                             |                 |                        |              |                 |
| Length                     | W                               | idth  | Heigh    | nt                    | Volume          | Т  | IxHI                        | Shelf Lif       | e Storage Temp From/To |              |                 |
| 14.375 INH                 | 11                              | . INH | 7.125 IN | ИН                    | 0.652 FTQ       | 2 9  | 9x7                         | 360 Days        | s 35 FAH / 85 FAH      |              | H / 85 FAH      |
| Traceability Regulation    |                                 |       |          |                       |                 |  |                             |                 |                        |              |                 |
| Regulation Type Regulatory |                                 |       | Trac     | Trade Item Regulation |                 |  | Regulation Restrictions and |                 |                        |              |                 |
| Code Ac                    |                                 | Act   | :        |                       | Compliant       |  |                             | Descriptors     |                        |              |                 |
| N/A N/A                    |                                 |       |          | N/A                   |                 |  |                             | N/A             |                        |              |                 |

# **Nutrition Facts**

| 1 Servings per container       |                   |
|--------------------------------|-------------------|
| Serving Size 1 Pac             | ket (48g)         |
| Amount Per Serving<br>Calories | 180               |
| ٥/                             | 6 Daily Value*    |
| Total Fat 2.5                  | 3%                |
| Saturated Fat 0.5 g            | 3%                |
| <i>Trans</i> Fat 0 g           |                   |
| Cholesterol 0 mg               | 0%                |
| Sodium 290 mg                  | 13%               |
| Total Carbohydrates 37 g       | 13%               |
| Dietary Fiber 3 g              | 11%               |
| Total Sugars 14 g              |                   |
| Includes 14 g Added Sugars     | 27%               |
| Protein 4 g                    |                   |
| Vitamin D 0 mcg                | 0%                |
| Calcium 20 mg                  | 0%                |
| Iron 1.3 mg                    | 6%                |
| Potassium 130 mg               | 2%                |
|                                | a serving of food |

ibutes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### HANDLING SUGGESTIONS

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

## ALLERGENS

 $\begin{array}{l} C = 'Contains'; MC = 'May \ Contain'; N = 'Free \ From'; UN = 'Undeclared'; \\ 30 = 'Free \ From \ Not \ Tested'; \\ 50 = 'Derived \ from \ Ingredients'; \\ 60 = 'Not \ Derived \ From \ Ingredients'; \\ NI = 'No \ Info' \end{array}$ 

| Milk - NI   | 🕥 Peanuts - NI |
|-------------|----------------|
| 🕥 Eggs - NI | () Tree - NI   |

((ij)) Tree - NI

(iii) Fish - NI

Shellfish - NI

🗞 Soybean - NI

🛞 Wheat - NI

(%) Sesame - NI

# INGREDIENTS

WHOLE GRAIN OATS, SUGAR, SALT, NATURAL FLAVOR.

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| PREPARATION & COOKING SUGGESTIONS                | в | SERVING SUGGESTIONS | Ō | MORE INFORMATION |
|--|---|---------------------|---|------------------|
| 1) Remove lid completely 2) Add boiling water to | ) |                     |   |                  |

slightly below line on inside of cup 3.) Stir well and let stand for 2 minutes

## NUTRITIONAL ANALYSIS

| Calories            | 180  | Total Fat           | 2.5   | Sodium       | 290 mg |
|---------------------|------|---------------------|-------|--------------|--------|
| Protein             | 4 g  | Trans Fat           | 0 g   | Calcium      | 20 mg  |
| Total Carbohydrates | 37 g | Saturated Fat       | 0.5 g | Iron         | 1.3 mg |
| Sugars              | 14 g | Added Sugars        | 14 g  | Potassium    | 130 mg |
| Dietary Fiber       | 3 g  | Polyunsaturated Fat | 0.5 g | Zinc         |        |
| Lactose             |      | Monounsaturated Fat | 1 g   | Phosphorus   |        |
| Sucrose             |      | Cholesterol         | 0 mg  |              |        |
| Vitamin A (IU)      |      | Vitamin D           | 0 mcg | Thiamin      |        |
| Vitamin A (RE)      |      | Vitamin E           |       | Niacin       |        |
| Vitamin C           |      | Folate              |       | Riboflavin   |        |
| Magnesium           |      | Vitamin B-6         |       | Vitamin B-12 |        |
| Monosodium          |      | Sulphites           |       | Nitrates     |        |

#### NUTRITIONAL CLAIMS

#### MORE IMAGES







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