### 201742 - Kellogg's Frosted Flakes Cereal Multi Grain 2.1oz 60c...



Start students and staff off right with Tony the Tiger and Kellogg's Multi-Grain Frosted Flakes. A deliciously crafted cereal that helps everyone let their gr-r-reat out with every crunchy spoonful. Made with no artificial flavors or colors, each serving is low fat, and a good source of fiber and eight vitamins and minerals. Each single serve cereal cup of crispy, frosted multi...



#### MARKETING

F1=

Ideal for kids and adults, this cereal is deliciously sweetened and crafted to help bring energy and smiles to busy mornings. Serve individual cereal cups in a tray line and a la carte; Place near milk, yogurt or fresh fruit; This item is a good fit for K-12. Convenient, ready-to-eat cereal packaged for freshness and great taste; This 7.87lb case contains 60, 2.1oz single serve cereal cups; Case measures  $16.000~\text{IN}\times13.063~\text{IN}\times11.625~\text{IN}$ . Golden multi-grain flakes with a sparkle of sweet frosting; This delicious cereal is a good source of eight vitamins and minerals, a good source of fiber, and low-fat; Makes a tasty breakfast cereal or anytime snack ...

#### **PRODUCT SPECIFICATIONS**



Code	Dist Prod Code	GTIN	Calculated Pack
3800024185	201742	00038000241857	60 x 2 OZ

Brand	Brand Owner	GPC Description
Kellogg's	WK KELLOGG CO	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.945 LBR	7.875 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
20.5 INH	11.688 INH	13.625 INH	1.889 FTQ	8x3	365 Days	35 FAH / 85 FAH

# **Nutrition Facts**

1 Servings per container

Serving Size 1 Container

Amount Per Serving Calories

210

% Daily Value\*

Total Fat 1	1%	
Saturated Fat 0 g	0%	
Trans Fat 0 g		
Cholesterol 0 mg	0%	
Sodium 350 mg	15%	
Total Carbohydrates 51 g	19%	
Dietary Fiber 5 g	17%	

Dietary Fiber 5 g	17/
Total Sugars 13 g	
Includes 13 g Added Sugars	26%

Protein 5 g	
Vitamin D 4.2 mcg	20%
Calcium 10 mg	0%
Iron 3.7 mg	20%
Potassium 160 mg	2%

<sup>\*</sup> The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE GRAIN WHEAT, RICE, SUGAR, MILLED CORN, WHEAT BRAN, CONTAINS 2% OR LESS OF salt, malt flavor. VITAMINS AND

MINERALS: Reduced iron, niacinamide, vitamin B6

#### ALLERGENS



SERVING SUGGESTIONS





C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(A) Milk - 30

Peanuts - 30

( Eggs - 30

Tree Nuts - 30

(Soy - 30

(S) Fish - 30

(♣) Wheat - C

Shellfish - 30

Sesame - 30

(pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12.

### HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



## Dry



MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	210
Protein	5 g
Total Carbohydrates	51 g
Sugars	13 g
Dietary Fiber	5 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	13 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	4.2 mcg
Vitamin E	
Folate	80 mcg
Vitamin B-6	
Sulphites	

Sodium	350 mg
Calcium	10 mg
Iron	3.7 mg
Potassium	160 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS** 

KOSHER YES

MORE IMAGES

