Fud

43990 - Ham Chub Cooked

Our original ham is one of the top lunchmeats in the FUD family.• It is low in fat, calories and carbohydrates and is a good source of protein.• Our original ham block can be sliced thick or thin, depending on customer preference.• Tender with a touch of sweetness, our product is fully cooked and ready to eat.• Try our original cooked ham in a torta de jamón (Mexican ham sandwi...



MARKETING

Comes in a large loaf, great for making big meals and keeping on hand for use in a wide variety of mealtime favorites from paninis and sandwiches to omelets and pizzas. Versatile food tastes great and makes a welcome addition to almost any recipe.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
5944	10645230059441	4/5 LB

Brand	Brand Owner	GPC Description
Fud	Sigma Foods	Pork - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
21 LBR	20 LBR	No	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13.75 INH	10.38 INH	5.38 INH	0.44 FTQ	11x10	59 Days	35 FAH / 37.5 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

40 Servings per container

Serving Size **2.0 OZ**

Amount Per Serving

Calories **60**

	% Daily Value*
Total Fat 3 g	**5%**
Saturated Fat 1 g	**5%**
Trans Fat 0 g	
Cholesterol 20 mg	**7%**
Sodium 620 mg	**26%**
Total Carbohydrates 3 g	**1%**
Dietary Fiber 0 g	**0%**
Total Sugars 1 g	
Includes Added Sugars	**%**
Protein 7 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0 mg	2%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep refrigerated.---UNIT UPC: 645230059444---

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

PORK Cured With: Water, Modified Food Starch, Salt, Contains 2% or less of the following: Sugar, Dextrose, Sodium Phosphates, Potassium Lactate, Potassium Acetate, Sodium Diacetate, Natural Flavorings, Sodium Bicarbonate, Maltodextrin, Sodium Erythorbate, Sodium Nitrite.

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PREPARATION & COOKING SUGGESTIONS

Ready to slice and fully cooked for added convenience in the kitchen - use cold or heat and serve

SERVING SUGGESTIONS

Comes in a large loaf, great for making big meals and keeping on hand for use in a wide variety of mealtime favorites from paninis and sandwiches to omelets and pizzasReady to slice and fully cooked for added convenience in the kitchen - use cold or heat and serveVersatile food tastes great and makes a welcome addition to almost any recipe

MORE INFORMATION