# 764799 - BAF Mashed Potatoes Complete w/Vit C - L/S, non-dairy...

Yield:176 LBS prepared per case. Non-dairy mashed potatoes, complete granule with vitamin C and 200 mg of sodium makes it a fit for dietary restrictions.





#### MARKETING

Yield: 176 LBS prepared per case, 738 - ½ cup servings per case. Low Sodium. Non-Dairy as Packaged.

# **Nutrition Facts**

97 Servings per container

Serving Size About 2 Tbsp Dry (25g) 140g Prepared

Amount	Per	Serving
Calc	ri	29

	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 20 mg	1%
<b>Total Carbohydrates</b> 19 g	7%
Dietary Fiber 2 g	7%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 10 mg	0%
Iron 0.4 mg	2%

Potassium 420 mg 8% The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PRODUCT SPECIFICATIONS

Code Dist Prod Code		GTIN	Calculated Pack	
10215	764799	10011140102155	6/5.3 lbs	

Brand	Brand Owner	GPC Description
BAF	Basic American Foods	Vegetable Based Products / Meals - Not Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
35.18 LBR	31.86 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
19.5 INH	13.13 INH	7.93 INH	1.175 FTQ	7x6	365 Days	0.0 FAH / 80 FAH

### **ALLERGENS**





advice.

**INGREDIENTS** 

Mashed Potatoes are a well loved side dish and a versatile base to add a signature dish. Can be used as a thickener or can be added to scratch-made mashed to extend hold time and recipe quantity.

## SERVING SUGGESTIONS

POTATOES, CONTAINS 2% OR LESS OF: ASCORBIC ACID (VITAMIN C), MONO AND DIGLYCERIDES, CALCIUM STEAROYL-2-LACTYLATE, NATURAL FLAVOR, FRESHNESS PRESERVED WITH: SODIUM BISULFITE, BHT.

(취) Milk - N

( Peanuts - N

C = 'Contains', MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'



(1) Tree Nuts - N

(M) Shellfish - NI

Fish - N



Store cool dry (less than 80 degrees F)

🛞 Wheat - N



#### HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS 1: Pour 12 quarts boiling water into mixer bowl

(Optional: add unsalted margarine and salt). 2: Using whip attachment, mix on low and slowly add potatoes. Mix for one minute. 3: Scrape bowl, whip on high until fluffy (2 minutes) and hold until ready to serve. Tips: Add more boiling water to make potatoes thinner or more potatoes to make thicker.

For varying quantities add 1 part potatoes to 2 parts boiling water.

## MORE INFORMATION



Telephone: 1-800-722-2084

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NUTRITIONAL ANALYSIS

Calories	90
Protein	2 g
Total Carbohydrates	19 g
Sugars	0 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	43 mg
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	20 mg
Calcium	10 mg
Iron	0.4 mg
Potassium	420 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS** 

KOSHER YES

FREE\_FROM\_GLUTEN YES

MORE IMAGES







