

# 1/10 LB Pier 17 Butter Crumb Alaska Pollock Portions 4 oz, MSC

FPI Pier 17 Butter Crumb Alaska Pollock Portions feature premium wild caught Pollock lightly breaded with traditional butter crumb that's seasoned just right. The breading adds a rich crispness, sealing in the Pollock's natural flavor and tender flakiness with irresistible home-cooked character. Each is ready to bake, and please, in no time with exceptional consistency and plate appeal.

Product Last Saved Date: 02 December 2024



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## Nutrition Facts

40 Servings per container

**Serving Size 1 Portion (112g)**

Amount Per Serving

**Calories 240**

% Daily Value\*

**Total Fat 16 g 21%**

Saturated Fat 3.5 g **18%**

Trans Fat 0 g

**Cholesterol 45 mg 14%**

**Sodium 390 mg 17%**

**Total Carbohydrates 11 g 4%**

Dietary Fiber 0 g **0%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

**Protein 11 g**

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 0.9 mg 6%

Potassium 150 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
06484	00074638064840	WILD

Brand	GPC Description
FPI	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

### Ingredients :

ALASKA POLLOCK, BLEACHED WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL AND SOYBEAN OIL), BUTTER (PASTEURIZED CREAM, SALT), CONTAINS 2% OR LESS OF: SALT, LACTIC ACID, SUGAR, SPICES, CHEDDAR CHEESE (MILK, CULTURES, SALT, ENZYMES), YELLOW CORN FLOUR, YEAST, UNSALTED BUTTER PASTEURIZED CREAM, NATURAL FLAVOR), ONION POWDER, NATURAL FLAVORS, EXTRACTIVES OF ANNATTO AND PAPRIKA (COLOR), BETA CAROTENE (COLOR). CONTAINS: FISH (POLLOCK), WHEAT, MILK

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 12-14 minutes. CONVENTIONAL OVEN: Preheat oven to 450°F and bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

### Serving Suggestions:

A natural center of the plate star attraction, as a premium fish sandwich, or further portioned to elevate fresh salads. Pairs well with a variety of sides and your own signature sauces.

### Species / Scientific Name:

Pollock - Gadus chalcogrammus

### Claims & Child Nutrition:

BAP Certified:  
MSC Certified: Yes  
Has CN Statement: No  
CN Statement: No

