

# 170600 - Classic Plain Bagels

Not your average grocery store bagel. This is the truly delicious, ultra-low net carb bagel your cream cheese has been craving. 4g net carbs, 0g sugar, and 19g protein.



## MARKETING

Ready to uplevel your breakfast sandos with 19g of protein and 21g fiber? These bagels are satiating and flavorful while coming in at just 4g net carbs and 0g Sugar. Made with natural ingredients.

## Nutrition Facts

5 Servings per container	
<b>Serving Size</b>	<b>75 grams</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>130</b>
% Daily Value*	
<b>Total Fat</b> 4 g	<b>5%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 460 mg	<b>20%</b>
<b>Total Carbohydrates</b> 25 g	<b>9%</b>
Dietary Fiber 21 g	<b>75%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>

<b>Protein</b> 19 g	
Vitamin D 0 mcg	0%
Calcium 21 mg	2%
Iron 3 mg	15%
Potassium 33 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
706		00850047659576		6/13.2 OZ		
Brand		Brand Owner		GPC Description		
Hero Bread		Hero Labs Inc		Bread (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
5.8 LBR	4.96 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.38 INH	9.18 INH	7.5 INH	0.53 FTQ	13x07	176 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

## HANDLING SUGGESTIONS

Eat within 7 days or freeze immediately.---UNIT  
UPC: 850047659422---

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - C
- Sesame - C
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

## INGREDIENTS

Water, Resistant Wheat Starch, Wheat Protein, Fava Bean Protein, Jerusalem Artichoke Fiber, Rice Flour, Olive Oil, Yeast, Contains 2% or less of: Salt, Vinegar, Cultured Wheat Flour, Wheat Flour, Guar Gum, Enzymes, Sesame Flour, Cornmeal. Contains: Wheat, Sesame

Hero Bread

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### PREPARATION & COOKING SUGGESTIONS

We recommend thawing for 60 minutes before serving or warming up. To warm, pull your bagel apart and toast for 1-2 minutes.

### SERVING SUGGESTIONS

Level up your breakfast sandwich

### MORE INFORMATION