



1/20.70 LB Oven Ready Whole Grain Potato Crunch Pollock
Portions 3.6 oz, CN, MSC

High Liner Oven Ready Whole Grain Potato Crunch Pollock Rectangles add real potato sticks to the breading for a distinct flavor and extra crunchy bite kids and adults can't resist. Each wild caught, oven-ready, portion bakes from frozen to golden crispy perfection in minutes with no mess. A truly unique option for Child Nutrition-approved applications and more.

Product Last Saved Date: 01 July 2025

Nutrition Facts

92 Servings per container
Serving Size 1 Portion (101g)

Amount Per Serving
Calories 200

% Daily Value*	
Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 40 mg	13%
Sodium 350 mg	15%
Total Carbohydrates 14 g	5%
Dietary Fiber 1 g	3%
Total Sugars 0 g	
Includes 0 g Added Sugars	%

Protein 13 g	
Vitamin D 1.2 mcg	6%
Calcium 0 mg	0%
Iron 0.6 mg	4%
Potassium 350 mg	8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :		
Code	GTIN	Type Of Catch
06233	00074638062334	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22.77 LBR	20.7 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.6969 INH	11.6969 INH	10.8937 INH	1.1575 FTQ	10x3	540 Days	-10 FAH / 0 FAH

Ingredients :						
71.5% POLLOCK [FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 28.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WATER, CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK						

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: CONVECTION OVEN: Preheat oven to 400°F. Bake for 12-14 minutes. CONVENTIONAL OVEN: Preheat oven to 450°F. Bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

School lunch programs, elderly feeding, buffets.

Species / Scientific Name:

Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:	
MSC Certified:	Yes
Has CN Statement:	Yes
CN Statement:	ONE 3.60 OZ. OVEN READY WHOLE GRAIN POTATO CRUNCH FISH PORTION PROVIDES 2.00 OZ. EQUIVALENT MEAT AND 0.50 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.



Information subject to change without notice at the discretion of High Liner Foods (USA)
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Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



**Oven Ready Whole Grain
Potato Crunch
Pollock Portions 3.6 oz**

06233

LOT#: 1234567890



From an MSC certified sustainable fishery.
www.msc.org
MSC-C-50552

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INDIVIDUALLY
QUICK FROZEN

KEEP FROZEN

DO NOT
REFREEZE



EST. # 045

MANUFACTURED BY:
HIGH LINER FOODS, PORTSMOUTH, NH 03801
FOR INQUIRIES CALL: 1-888-860-3664
www.highlinerfoodservice.com

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COOKING INSTRUCTIONS FROM FROZEN:

CONVECTION OVEN: Preheat oven to 400°F. Bake for 12-14 minutes.

CONVENTIONAL OVEN: Preheat oven to 450°F. Bake for 14-18 minutes.

NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

INGREDIENTS: 71.5% POLLOCK (FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)); 28.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WATER, CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

CONTAINS: FISH (POLLOCK), WHEAT, MILK



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NET WT 20.70 Lb (9.39 kg)

CN 100072
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High Liner Bid Desk Contact and Specification Verification:

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