

20.70 Lb (9.39 kg) Oven Ready Whole Grain Potato Crunch Pollock Portions 3.6 oz, CN, MSC

High Liner Oven Ready Whole Grain Potato Crunch Pollock Rectangles add real potato sticks to the breading for a distinct flavor and extra crunchy bite kids and adults can't resist. Each wild caught, oven-ready, portion bakes from frozen to golden crispy perfection in minutes with no mess. A truly unique option for Child Nutrition-approved applications and more.

Product Last Saved Date: 20 October 2025



Nutrition Facts

92 Servings per container

Serving Size 1 Portion (101g)

Amount Per Serving

Calories 200

% Daily Value*

Total Fat 10 g **13%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 40 mg **13%**

Sodium 350 mg **15%**

Total Carbohydrates 14 g **5%**

Dietary Fiber 1 g **3%**

Total Sugars 0 g

Includes 0 g Added Sugars **%**

Protein 13 g

Vitamin D 1.2 mcg **6%**

Calcium 0 mg **0%**

Iron 0.6 mg **4%**

Potassium 350 mg **8%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

| Code | GTIN | Type Of Catch |
|-------|----------------|---------------|
| 06233 | 00074638062334 | WILD |

| Brand | GPC Description |
|------------------------|------------------------------------|
| High Liner Foodservice | Fish - Prepared/Processed (Frozen) |

| Gross Weight | Net Weight | Country of Origin | Kosher | Gluten Free |
|--------------|------------|-------------------|------------|-------------|
| 22.77 LBR | 20.7 LBR | N/A | Undeclared | No |

Shipping Information

| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
|-------------|-------------|-------------|------------|-------|------------|----------------------|
| 15.6969 INH | 11.6969 INH | 10.8937 INH | 1.1575 FTQ | 10x3 | 540 Days | -10 FAH / 0 FAH |

Ingredients :

71.5% POLLOCK [FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 28.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WATER, CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

| | | |
|----------------|-------------------|-----------------|
| Eggs - INII | Milk - C | Soy - INII |
| Fish - C | Wheat - C | TreeNuts - INII |
| Peanuts - INII | Crustacean - INII | Sesame - INII |

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: CONVECTION OVEN: Preheat oven to 400°F. Bake for 12-14 minutes. CONVENTIONAL OVEN: Preheat oven to 450°F. Bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Species / Scientific Name:

Pollock - Gadus chalcogrammus

Serving Suggestions:

School lunch programs, elderly feeding, buffets.

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: Yes

CN Statement: ONE 3.60 OZ. OVEN READY WHOLE GRAIN POTATO CRUNCH FISH PORTION PROVIDES 2.00 OZ. EQUIVALENT MEAT AND 0.50 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.



Information subject to change without notice at the discretion of High Liner Foods (USA)
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Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



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06233

LOT#: 1234567890



From an MSC certified sustainable fishery. www.msc.org MSC-C-50552

INDIVIDUALLY QUICK FROZEN KEEP FROZEN DO NOT REFREEZE



EST. # 045

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3664 www.highlinerfoods.com

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COOKING INSTRUCTIONS FROM FROZEN: CONVECTION OVEN: Preheat oven to 400°F. Bake for 12-14 minutes. CONVENTIONAL OVEN: Preheat oven to 430°F. Bake for 14-18 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

INGREDIENTS: 71.5% POLLOCK (FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)), 28.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WATER, CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

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NET WT 20.70 Lb (9.39 kg)

CN 100072 ONE 3.60 OZ. OVEN READY WHOLE GRAIN POTATO CRUNCH FISH PORTION PROVIDES 2.00 OZ. EQUIVALENT MEAT AND 0.50 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 08/2022)

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High Liner Bid Desk Contact and Specification Verification:

Dawn Enos

Dawn Enos / Sales Operations Manager k12 PH: 603-818-5334 Email: dawn.enos@highlinerfoods.com