

200907 - Chex(TM) Cereal Single Serve Cup Blueberry (60 ct) 2 ...



The great fruit flavor of blueberry can be enjoyed in gluten-free Blueberry Chex! Dusted with sweet blueberry flavor, this ready-to-eat cereal cup is great for breakfast, lunch, and supper: in the classroom, on-the-go or in the cafeteria. Whole grain rice – first ingredient. Meets 2 ounce equivalent grains, Gluten-Free and is CACFP eligible



MARKETING

This top selling flavor meets the specific needs of your K-12 foodservice program. One product that meets 2 grains means only one product for inventory and storage.. Ready to eat dry cereal in a convenient, portable cup. Cup has room for milk—no dishes required. No artificial flavors or colors.. For USDA Child Nutrition Programs: meets 2 ounce equivalent grains, Gluten-Free, and is CACFP eligible.. Great for breakfast in the classroom, or as a grab 'n go item.

Nutrition Facts

60 Servings per container

Serving Size 1 container

Amount Per Serving
Calories **240**

% Daily Value*

Total Fat 5 **6%**

Saturated Fat 0.5 g **3%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 320 mg **14%**

Total Carbohydrates 46 g **17%**

Dietary Fiber 1 g **5%**

Total Sugars 11 g

Includes 11 g Added Sugars **22%**

Protein 3 g

Vitamin D 5 mcg 25%

Calcium 130 mg 10%

Iron 16.2 mg 90%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
17262000	200907	10016000172620	60/2 OZ

Brand	Brand Owner	GPC Description
Chex	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11.050 LBR	7.50 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
16.500 INH	12.250 INH	18.000 INH	2.10500 FTQ	9x5	403 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

SERVING SUGGESTIONS

1 container

INGREDIENTS

Whole Grain Rice, Rice, Sugar, Canola and/or Sunflower Oil, Salt, Blueberry Powder, Molasses, Natural Flavor, Rosemary Extract, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

HANDLING SUGGESTIONS

Keep in a cool, dry place

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION

200907 - Chex(TM) Cereal Single Serve Cup Blueberry (60 ct) 2 ...



The great fruit flavor of blueberry can be enjoyed in gluten-free Blueberry Chex! Dusted with sweet blueberry flavor, this ready-to-eat cereal cup is great for breakfast, lunch, and supper: in the classroom, on-the-go or in the cafeteria. Whole grain rice – first ingredient. Meets 2 ounce equivalent grains, Gluten-Free and is CACFP eligible

NUTRITIONAL ANALYSIS



Calories	240
Protein	3 g
Total Carbohydrates	46 g
Sugars	11 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	11 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	3.5 g
Cholesterol	0 mg
Vitamin D	5 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	320 mg
Calcium	130 mg
Iron	16.2 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



GLUTEN	FREE_FROM	SATURATED_FAT	LOW	VITAMIN_D	GOOD_SOURCE_OF
ARTIFICIAL_FLAVOUR	FREE_FROM	ENERGY	SOURCE_OF	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
CALCIUM	GOOD_SOURCE_OF	MSG	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
CHOLESTEROL	FREE_FROM	TRANS_FAT	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM
IRON	EXCELLENT_SOURCE_OF	CHOLESTEROL	LOW	WHOLE_GRAIN	CONTAINS
IRON	GOOD_SOURCE_OF	VEGETARIAN	YES	KOSHER	YES
FREE_FROM_GLU TEN	YES				

MORE IMAGES

