

## 20907 - Blueberry Chex Gluten Free Cereal Single Serve Cup 60...

The great fruit flavor of blueberry can be enjoyed in gluten-free Blueberry Chex! Dusted with sweet blueberry flavor, this ready-to-eat cereal cup is great for breakfast, lunch, and supper: in the classroom, on-the-go or in the cafeteria. Whole grain rice – first ingredient. Meets 2 ounce equivalent grains, Gluten-Free and is CACFP eligible



### MARKETING

This top selling flavor meets the specific needs of your K-12 foodservice program. One product that meets 2 grains means only one product for inventory and storage.. Ready to eat dry cereal in a convenient, portable cup. Cup has room for milk—no dishes required. No artificial flavors or colors.. For USDA Child Nutrition Programs: meets 2 ounce equivalent grains, Gluten-Free, and is CACFP eligible.. Great for breakfast in the classroom, or as a grab 'n go item.

## Nutrition Facts

60 Servings per container	
<b>Serving Size</b>	<b>1 container</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>240</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 5	<b>6%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 320 mg	<b>14%</b>
<b>Total Carbohydrates</b> 46 g	<b>17%</b>
Dietary Fiber 1 g	<b>4%</b>
Total Sugars 11 g	
Includes 11 g Added Sugars	<b>22%</b>
<b>Protein</b> 3 g	
Vitamin D 5 mcg	25%
Calcium 130 mg	10%
Iron 16.2 mg	90%
Potassium 0 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
17262000	200907	10016000172620	60/2 OZ			
Brand	Brand Owner	GPC Description				
Chex	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11.050 LBR	7.50 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.500 INH	12.250 INH	18.000 INH	2.10500 FTQ	9x5	403 Days	32 FAH / 95 FAH

### HANDLING SUGGESTIONS

Keep in a cool, dry place

### SERVING SUGGESTIONS

1 container

### PREPARATION & COOKING SUGGESTIONS

Ready to eat

### INGREDIENTS

Whole Grain Rice, Rice, Sugar, Canola and/or Sunflower Oil, Salt, Blueberry Powder, Molasses, Natural Flavor, Rosemary Extract. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- X99 - UN
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

### MORE INFORMATION

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### NUTRITIONAL ANALYSIS



Calories	240
Protein	3 g
Total Carbohydrates	46 g
Sugars	11 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	11 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	3.5 g
Cholesterol	0 mg
Vitamin D	5 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	320 mg
Calcium	130 mg
Iron	16.2 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



DAIRY	FREE_FROM	ANTIBIOTICS	RAISED_WITHOUT	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
ARTIFICIAL_FLAVOUR	FREE_FROM	SOY	FREE_FROM	SUGARS	NO_ADDED
GMO	FREE_FROM	WHOLE_GRAIN	CONTAINS	MSG	FREE_FROM
GLUTEN	FREE_FROM	ARTIFICIAL_PRESERVATIVES	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM
SODIUM_SALT	REDUCED_LESS	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	WHOLE_GRAIN	EXCELLENT_SOURCE_OF
HORMONES	RAISED_WITHOUT	VITAMIN_D	EXCELLENT_SOURCE_OF	VEGAN	YES
FREE_FROM_GLUTEN	YES	PALEO	YES	VEGETARIAN	YES
KOSHER	YES				

### MORE IMAGES

