

766095 - Simplot Simple Goodness Premium Vegetables Edamame Su...

Succotash the new way, with edamame, corn and red peppers!; All the flavor and colors of fresh; Individually quick frozen for easy portioning and less waste; Consistent year-round quality and pricing



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
10071179016380	766095	10071179016380	N/A

Brand	Brand Owner	GPC Description
Simplot Simple Goodness (TM)	J. R. Simplot Company	Vegetables - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
16.250 LBR	15.000 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.375 INH	9.625 INH	6.625 INH	0.4936 FTQ	15x9	730 Days	-10 FAH / 10 FAH

Nutrition Facts

78 Servings per container

Serving Size 2/3 cup (89g)

Amount Per Serving

Calories 90

% Daily Value*

Total Fat 3 g 4%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0 mg 0%

Total Carbohydrates 11 g 4%

Dietary Fiber 3 g 11%

Total Sugars 5 g

Includes 0 g Added Sugars 0%

Protein 6 g

Vitamin D 0 mcg 0%

Calcium 28 mg 2%

Iron 1.1 mg 6%

Potassium 304 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - C
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS



This eye-catching blend is ready for your vegan and vegetarian options. Perfect for signature sides, sautés, pastas and stir-fry. Add wild rice or barley to create a vegetarian entree. Toss with butter and fresh herbs for a succulent side dish. Cook, chill and serve atop salads or in a wrap.

INGREDIENTS



SOYBEANS, CORN, RED BELL PEPPER. CONTAINS: SOY.

HANDLING SUGGESTIONS



Keep frozen 0°F or below

PREPARATION & COOKING SUGGESTIONS



Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. STOVE TOP1. Bring 5 quarts of water to a boil on HIGH.2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed. STEAMER1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan.2. Steam for 4 minutes. MICROWAVE (1100 WATTS)1. Place one bag of frozen vegetables in a microwave safe dish.2. Add 1/4 cup of water and cover.3. Cook on HIGH for 18 minutes, stirring halfway through cook time.

MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	90
Protein	6 g
Total Carbohydrates	11 g
Sugars	5 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	28 mg
Iron	1.1 mg
Potassium	304 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



CORN	CONTAINS	FAT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
MSG	NO_ADDED	KOSHER	YES		
VEGAN	YES	VEGETARIAN	YES	HALAL	YES

MORE IMAGES

