

## High Liner Signature, 10 kg / 22.05 lb, Atlantic Salmon Fillets Skin-on, 3-4 lb, D-trim, IVP

Recognized for their moist texture, mild taste and health properties, our Salmon sides are individually vacuum-sealed and frozen within hours of harvest to ensure their fresh flavour. Atlantic Salmon is an excellent source of protein and low in sodium. An easy to prepare fish that lends itself to many creative recipes.

Product Last Saved Date: 06 May 2026



**HIGH LINER**  
FOODSERVICE™



## Nutrition Facts

Servings per container

**Serving Size** Per 100 g

Amount Per Serving

**Calories** **200**

% Daily Value\*

**Total Fat** 13 g **17%**

Saturated Fat 3 g **15%**

Trans Fat 0 g

**Cholesterol** 55 mg **%**

**Sodium** 60 mg **3%**

**Total Carbohydrates** 0 g **%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **%**

**Protein** 20 g

Vitamin D **%**

Calcium 10 mg **1%**

Iron 0.3 mg **2%**

Potassium 350 mg **10%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
3490	10061763034906	

Brand	GPC Description
High Liner Signature	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.5 KGM			Undeclared	

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
57.6 CMT	32.1 CMT	13.4 CMT	0.0248 MTQ	5x13	540 Days	

### Ingredients :

Contains: Atlantic salmon (fish).

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

### Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS, cook from frozen. Cook until a minimum internal temperature of 158°F (70°C) is reached. TO THAW remove from all packaging and place in refrigerator overnight. DO NOT THAW in warm water or at room temperature.

### Serving Suggestions:

Crispy Skin Atlantic Salmon with Maple Sriracha Glaze

### Species / Scientific Name:

### Claims & Child Nutrition:

BAP Certified:  
MSC Certified:  
Has CN Statement: No  
CN Statement:

