

# 260532 - Vegetable Egg Roll

Vegetable Eggrolls feature a delicious filling of cabbage, carrots, celery and onions wrapped in a crispy, delicate whole grain rich wrapper. This option is perfect for vegetarians. Our Egg Rolls are zero trans-fat per serving and with no added MSG.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
79011	260532	00856235005538	100 egg rolls in a case

Brand	Brand Owner	GPC Description
GREEN DRAGON	International Food Solutions, Inc.	Grain Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
20.1 LBR	18.75 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19 INH	9.5 INH	6.75 INH	0.71 FTQ	10x10	548 Days	-10 FAH / 10 FAH

# Nutrition Facts

100 Servings per container

**Serving Size** 1 Egg Roll

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**Amount Per Serving**

**Calories** **130**

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% Daily Value\*

<b>Total Fat</b> 3	<b>4%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 200 mg	<b>9%</b>
<b>Total Carbohydrates</b> 24 g	<b>9%</b>
Dietary Fiber 3 g	<b>11%</b>
Total Sugars 2 g	
Includes 1 g Added Sugars	<b>2%</b>
<b>Protein</b> 4 g	
Vitamin D 0 mcg	0%
Calcium 27 mg	2%
Iron 1 mg	6%
Potassium 160 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - C
- Wheat - C
- Sesame - C
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

## SERVING SUGGESTIONS



Serve as a side to our Asian entrees or as a snack.

## INGREDIENTS



**FILLING:** Green Cabbage, Celery, Carrots, Onion, Modified Corn Starch, Potatoes, Water, Contains 2% or less of Onion Powder, Sesame Oil, Garlic Powder, Sugar, Modified Cellulose, Distilled Vinegar, Natural Flavor (Sunflower Oil, Natural Flavor), Dehydrated Garlic, Salt, Flavor Enhancer (Yeast Extract, Salt, Canola Oil), Black Pepper, Ginger Powder. **WRAPPER:** Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Durum Flour (Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains 2% or less of Vital Wheat Gluten, Vegetable Oil (Soybean and/or Canola), Salt, Corn Starch as Processing Aid. **CONTAINS: WHEAT, SOY, SESAME**

## HANDLING SUGGESTIONS



Keep frozen at 0°F +/- 10°F

## PREPARATION & COOKING SUGGESTIONS



Prepared from frozen. Cook thoroughly until internal temperature reaches 160 F. Due to variation in equipment, cooking time and temperature may require adjustment. Allow egg rolls to set 2 - 3 minutes before serving. **CONVENTIONAL OVEN -** Preheat oven to 425 F. Heat egg rolls on flat sheet for 25 -30 minutes, Turn egg rolls halfway through the cooking cycle. **DEEP FRYER -** Heat oil to 350 F. Fry egg rolls for 6.5 – 8.5 minutes.

## MORE INFORMATION



**260532 - Vegetable Egg Roll**

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**NUTRITIONAL ANALYSIS**

Calories	130
Protein	4 g
Total Carbohydrates	24 g
Sugars	2 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	200 mg
Calcium	27 mg
Iron	1 mg
Potassium	160 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS****MORE IMAGES**