

GREEN DRAGON

260532 - Vegetable Egg Roll

Vegetable Eggrolls feature a delicious filling of cabbage, carrots, celery and onions wrapped in a crispy, delicate whole grain rich wrapper. This option is perfect for vegetarians. Our Egg Rolls are zero trans-fat per serving and with no added MSG.



MARKETING

# Nutrition Facts

100 Servings per container

Serving Size	1 Egg Roll
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 3	4%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 200 mg	9%
Total Carbohydrates 24 g	9%
Dietary Fiber 3 g	11%
Total Sugars 2 g	
Includes 1 g Added Sugars	2%
Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 27 mg	2%
Iron 1 mg	6%
Potassium 160 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
79011	260532	00856235005538	2 / 50 ct. bag			
Brand	Brand Owner	GPC Description				
GREEN DRAGON	International Food Solutions, Inc.	Grain Based Products / Meals - Not Ready to Eat - Savoury (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
20.1 LBR	18.75 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19 INH	9.5 INH	6.75 INH	0.71 FTQ	10x10	548 Days	-10 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Keep frozen at 0°F +/- 10°F

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - N

Soybean - C

Wheat - C

Sesame - C

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

INGREDIENTS

FILLING: Green Cabbage, Celery, Carrots, Onion, Modified Corn Starch, Potatoes, Water, Contains 2% or less of Onion Powder, Sesame Oil, Garlic Powder, Sugar, Modified Cellulose, Distilled Vinegar, Natural Flavor (Sunflower Oil, Natural Flavor), Dehydrated Garlic, Salt, Flavor Enhancer (Yeast Extract, Salt, Canola Oil), Black Pepper, Ginger Powder. WRAPPER: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Durum Flour (Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains 2% or less of Vital Wheat Gluten, Vegetable Oil (Soybean and/or Canola), Salt, Corn Starch as Processing Aid. CONTAINS: WHEAT, SOY, SESAME

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PREPARATION & COOKING SUGGESTIONS

Prepared from frozen. Cook thoroughly until internal temperature reaches 160 F. Due to variation in equipment, cooking time and temperature may require adjustment. Allow egg rolls to set 2 - 3 minutes before serving. CONVENTIONAL OVEN - Preheat oven to 425 F. Heat egg rolls on flat sheet for 25 -30 minutes, Turn egg rolls halfway through the cooking cycle. DEEP FRYER - Heat oil to 350 F. Fry egg rolls for 6.5 – 8.5 minutes.

SERVING SUGGESTIONS

Serve as a side to our Asian entrees or as a snack.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	130	Total Fat	3	Sodium	200 mg
Protein	4 g	Trans Fat	0 g	Calcium	27 mg
Total Carbohydrates	24 g	Saturated Fat	0 g	Iron	1 mg
Sugars	2 g	Added Sugars	1 g	Potassium	160 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

