

Gold Medal

122148 - Gold Medal Cake Mix Chocolate Chocolate (6 ct) 5 lb

Gold Medal dark chocolate cake mix in an easy, "just add water" format produces consistent, scratch-like taste and superior results every time. Great for sheet cake, thimble cake and cake pops. Rely on Gold Medal cake mixes for superior quality to make your desserts extra special—and keep your patrons coming back for more. Available in a cost-effective, 5 lb bulk format for sma...



MARKETING

Gold Medal dark chocolate cake mix in an easy, just add water format produces consistent, scratch like taste and superior results every time. Highly tolerant formulas forgive minor preparation errors and eliminate waste.. Available in cost effective, 5 pound bulk format.. High ratio sugar formula means Gold Medal cakes are moist and tender, from the first to the final slice.. Contains no artificial colors and no artificial flavors.. Great for sheet cake, thimble cake and cake pops.

Nutrition Facts

252 Servings per container

Serving Size 1/3 cup mix

Amount Per Serving  
**Calories 230**

% Daily Value\*

**Total Fat 7 9%**

Saturated Fat 3.5 g 18%

Trans Fat 0 g

**Cholesterol 10 mg 3%**

**Sodium 450 mg 19%**

**Total Carbohydrates 39 g 14%**

Dietary Fiber 2 g 7%

Total Sugars 23 g

Includes 23 g Added Sugars 46%

**Protein 4 g**

Vitamin D 0 mcg 0%

Calcium 40 mg 4%

Iron 2.9 mg 15%

Potassium 110 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11116000	122148	10016000111162	6/5 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.100 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

HANDLING SUGGESTIONS

Cake Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

SERVING SUGGESTIONS

1/3 cup mix (54g)

PREPARATION & COOKING SUGGESTIONS

Please refer to product packaging

INGREDIENTS

SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, COCOA, DEXTROSE, COCOA PROCESSED WITH ALKALI. CONTAINS 2% OR LESS OF: EGG WHITE, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), EGGS WITH SODIUM SILICOALUMINATE, MODIFIED CORN STARCH, PROPYLENE GLYCOL MONO AND DIESTERS, SALT, CARAMEL COLOR, MONO AND DIGLYCERIDES, CELLULOSE GUM, SOY LECITHIN, WHEY, NATURAL FLAVOR, NONFAT MILK, DEFATTED SOY FLOUR.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30

MORE INFORMATION

! Brazil Nuts - 30

! Pistachios - 30

! Walnuts - 30

! Molluscs - 30

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## NUTRITIONAL ANALYSIS



Calories	230
Protein	4 g
Total Carbohydrates	39 g
Sugars	23 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	7
Trans Fat	0 g
Saturated Fat	3.5 g
Added Sugars	23 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	10 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	450 mg
Calcium	40 mg
Iron	2.9 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	TRANS_FAT	FREE_FROM
IRON	GOOD_SOURCE_OF	ARTIFICIAL_FLAVOUR	FREE_FROM	VEGETARIAN	YES
KOSHER	YES				

## MORE IMAGES

