

124265 - Gold Medal(TM) Hotel & Restaurant(TM) Bakers Flour Al...



Gold Medal(TM) Hotel & Restaurant(TM) All-Purpose Flour is a hard and soft wheat flour. Available in a bundle of 2 bags, with a 10.5% protein level.



MARKETING

An all-purpose flour milled from a selected blend of hard and soft wheat. Provided in an enriched bleached option.. Available in a bundle of 2 bags, each bag is 25 lb.. Milled to create a versatile offering for bakers who want to produce the widest possible variety of baked goods with the fullest flavor.. Contains a 10.5% protein level.

Nutrition Facts

756 Servings per container

Serving Size 1/4 cup

Amount Per Serving
Calories 110

% Daily Value*

Total Fat 0.5 1%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0 mg 0%

Total Carbohydrates 22 g 8%

Dietary Fiber 1 g 3%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 3 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 1.3 mg 8%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
14317000	124265	10016000143170	2/25 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Flour - Cereal/Pulse (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
50.500 LBR	50.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	Tlx/HL	Shelf Life	Storage Temp From/To
11.500 INH	14.750 INH	5.500 INH	0.54000 FTQ	10x5	372 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

SERVING SUGGESTIONS

Great for cookies, soft rolls, sweet goods, biscuits, pizza and breading.

INGREDIENTS

BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.

HANDLING SUGGESTIONS

Store in a cool, clean and dry location away from materials with strong odors. Temperature should be less than 80 degrees. RAW FLOUR IS NOT READY-TO-EAT AND MUST BE THOROUGHLY COOKED BEFORE EATING. TO PREVENT ILLNESS FROM NATURALLY OCCURRING BACTERIA IN WHEAT FLOUR, DO NOT EAT OR PLAY WITH RAW DOUGH OR BATTER; WASH HANDS AND SURFACES AFTER HANDLING.

PREPARATION & COOKING SUGGESTIONS

Use as an ingredient in your desired recipe or formula. Raw flour is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat or play with raw dough or batter; wash hands and surfaces after handling.

MORE INFORMATION

NUTRITIONAL ANALYSIS



Calories	110
Protein	3 g
Total Carbohydrates	22 g
Sugars	0 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	90 mcg
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	0 mg
Iron	1.3 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	0.2 mg
Niacin	2.3 mg
Riboflavin	0.2 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



ARTIFICIAL_SWEETENERS	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM	SATURATED_FAT	LOW
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	MSG	FREE_FROM	CHOLESTEROL	LOW
SUGARS	NO_ADDED	SODIUM_SALT	FREE_FROM	SODIUM_SALT	LOW
FAT	FREE_FROM	CHOLESTEROL	FREE_FROM	ARTIFICIAL_PRESERVATIVES	FREE_FROM
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	FAT	LOW	TRANS_FAT	FREE_FROM
PLANT_BASED	YES	VEGETARIAN	YES	LOW_SALT	YES
VEGAN	YES	KOSHER	YES		

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