

# - FRED'S - Breaded Mozzarella Cheese Stick 3¼in - 6/4 lb Bags

Fred's Breaded Mozzarella Cheese Sticks are coated in an American, home-style bread crumb coating that contains mild-Italian seasoning and Parmesan and romano cheeses for a lighter texture and flavor. We use 100% mozzarella string cheese which provides superior stretch, creamy texture and a better bite. Our cheese is produced to tight specifications for moisture, fat and salt c...



### MARKETING

Coated with Parmesan & Romano cheese for a lighter feel & flavor.. 100% real mozzarella string cheese for superior stretch, creamy texture and a better bite.

## Nutrition Facts

128 Servings per container	
<b>Serving Size</b>	<b>3 Sticks</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>210</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 8 g	<b>11%</b>
Saturated Fat 5 g	<b>24%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 30 mg	<b>10%</b>
<b>Sodium</b> 900 mg	<b>39%</b>
<b>Total Carbohydrates</b> 22 g	<b>8%</b>
Dietary Fiber 1 g	<b>2%</b>
Total Sugars 2 g	
Includes 1 g Added Sugars	<b>1%</b>

<b>Protein</b> 12 g	
Vitamin D 0 mcg	0%
Calcium 310 mg	25%
Iron 0.8 mg	4%
Potassium 100 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
0204620		00050665020462	6 x (4 LBR to 4 LBR)			
Brand	Brand Owner		GPC Description			
Fred's	Ajinomoto Foods NA		Cheese (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
25.9 LBR	24 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.5625 INH	11.8125 INH	8.375 INH	1.12 FTQ	8x5	545 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

### HANDLING SUGGESTIONS

Store product for no longer than 545 days after production at a temperature between -10 and 0 degrees.

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - N
- Wheat - C
- Sesame - N
- Coconuts - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N
- Molluscs - N

### INGREDIENTS

Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt, Enzymes), Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains Less Than 2% Of: Romano And Parmesan Cheese Blend (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Garlic Powder, Onion Powder, Spices, Yellow Corn Flour, Sugar, Natural Flavor, Yeast, Dextrose, Modified Corn Starch, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Sodium Acid Pyrophosphate, Soybean Oil, Salt. CONTAINS: MILK, WHEAT.

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## PREPARATION & COOKING SUGGESTIONS

PRODUCT MUST BE FULLY COOKED. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350°F for 1¾ - 2 minutes.

## SERVING SUGGESTIONS

Excellent when paired with a favorite dipping sauce such as marinara or ranch! Great as part of a sampler! Include in a French onion soup or on a salad.

## MORE INFORMATION

Website : [www.ajinomotofoodservice.com](http://www.ajinomotofoodservice.com)

## NUTRITIONAL ANALYSIS

Calories	210
Protein	12 g
Total Carbohydrates	22 g
Sugars	2 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8 g
Trans Fat	0 g
Saturated Fat	5 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	30 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	900 mg
Calcium	310 mg
Iron	0.8 mg
Potassium	100 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS

## MORE IMAGES

