

Roland

760125 - Roland Quartered Artichoke

Roland Artichoke Hearts are low in calories and will make any dish, pizza, soup or salad distinctive.



MARKETING

Roland Artichoke Hearts are low in calories and will make any dish, pizza, soup or salad distinctive.

Nutrition Facts

72 Servings per container

Serving Size .50 Cup Drained

Amount Per Serving

Calories50

% Daily Value*

Total Fat 0 g0%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 380 mg17%

Total Carbohydrates 10 g4%

Dietary Fiber 3 g11%

Total Sugars 5 g

Includes 0 g Added Sugars0%

Protein 3 g

Vitamin D 0 mcg0%

Calcium 30 mg2%

Iron 0.8 mg4%

Potassium 370 mg8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
40512	760125	10041224405124	6/88 oz			
Brand	Brand Owner	GPC Description				
Roland	American Roland Food Corp.	Vegetables - Prepared/Processed (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
37 LBR	33.06 LBR	No	Spain	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.75 INH	12.5 INH	6.25 INH	0.85 FTQ	7x8	1080 Days	40 FAH / 75 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Once opened, Roland Quartered Artichoke Hearts must be kept refrigerated with water added to cover them in order to retain moisture.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

ARTICHOKE HEARTS, WATER, SALT, CITRIC ACID.

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PREPARATION & COOKING SUGGESTIONS

Remove Roland Quartered Artichoke Hearts from brine and rinse briefly with cold water. May be served hot or cold.

SERVING SUGGESTIONS

Roland Artichoke Quarters are used in party appetizers and dips. They are marinated for salads and used in deli trays. They go well in cream and cheese sauces and fit well on buffet trays; they complement chicken, and veal dishes.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	50
Protein	3 g
Total Carbohydrates	10 g
Sugars	5 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	380 mg
Calcium	30 mg
Iron	0.8 mg
Potassium	370 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

FAT	LOW
KOSHER	YES

SUGARS	NO_ADDED
VEGETARIAN	YES

TRANS_FAT	FREE_FROM
VEGAN	YES

MORE IMAGES



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