

Roland

760125 - ROLAND QUARTERED ARTICHOKE

Roland Artichoke Hearts are low in calories and will make any dish, pizza, soup or salad distinctive.



MARKETING

Nutrition Facts

72 Servings per container	
Serving Size	0.5 Cup
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 0 g	1%
Saturated Fat 0 g	1%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 380 mg	17%
Total Carbohydrates 15 g	5%
Dietary Fiber 7 g	26%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 4 g	
Vitamin D 0 mcg	
Calcium 27 mg	
Iron 0.8 mg	
Potassium 372 mg	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
40512	760125	10041224405124	6/88 oz

Brand	Brand Owner	GPC Description
Roland	American Roland Food Corp.	Vegetables - Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
39 LBR	33 LBR	No	Spain	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.5 INH	12.5 INH	6.25 INH	0.836 FTQ	7x8	1080 Days	40 FAH / 75 FAH

ALLERGENS

- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - N

Eggs - N

Soy - N

Wheat - N

Sesame - N
- Peanuts - N

Tree Nuts - N

Fish - N

Shellfish - NI

SERVING SUGGESTIONS

Roland Artichoke Quarters are used in party appetizers and dips. They are marinated for salads and used in deli trays. They go well in cream and cheese sauces and fit well on buffet trays; they complement chicken, and veal dishes.

INGREDIENTS

Artichoke Hearts, Water, Salt, Ascorbic Acid and/or Citric Acid.

HANDLING SUGGESTIONS

Once opened, Roland Quartered Artichoke Hearts must be kept refrigerated with water added to cover them in order to retain moisture.

PREPARATION & COOKING SUGGESTIONS

Remove Roland Quartered Artichoke Hearts from brine and rinse briefly with cold water. May be served hot or cold.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	80
Protein	4 g
Total Carbohydrates	15 g
Sugars	1 g
Dietary Fiber	7 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	380 mg
Calcium	27 mg
Iron	0.8 mg
Potassium	372 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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