# 760125 - Roland Quartered Artichoke

Roland Artichoke Hearts are low in calories and will make any dish, pizza, soup or salad distinctive.



#### MARKETING



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#### PRODUCT SPECIFICATIONS

Code	Dist Prod Code					GTIN			Calculated Pack	
40512	760125					10041224405124 6/88 oz			/88 oz	
Brand	Brand Owner					GPC Description				
Roland	American Roland Food Corp.			orp.	Vegetables - Prepared/Processed (Shelf Stable)					
Gross Wei	eight Net Weight		Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition		
37 LBR	37 LBR 33.		6 LBR	No			Spain	Spain		No
	Shipping									
Length	Width		Heigh	t V	olume/	TIxHI	Shelf Life		Storage T	emp From/To
18.75 INH	NH 12.5 INH		6.25 INI	н 0	.85 FTQ	7x8	1080 Days		40 FA	H / 75 FAH
Traceability Regulation										
Regulation Type		ре	Regulatory Tra		Trac	de Item Regulation		Reg	Regulation Restrictions and	
Code			Act			Compliant			Descriptors	
N/A			N/A			N/A			N/A	

# **Nutrition Facts**

72 Servings per container

**Serving Size** 

.50 Cup Drained

Amount Per Serving **Calories** 

	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 380 mg	17%
<b>Total Carbohydrates</b> 10 g	4%
Dietary Fiber 3 g	11%
Total Sugars 5 g	
Includes 0 g Added Sugars	0%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 0.8 mg	4%
Potassium 370 mg	8%

<sup>\*</sup> The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

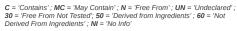
#### HANDLING SUGGESTIONS



Once opened, Roland Quartered Artichoke Hearts must be kept refrigerated with water added to cover them in order to retain moisture.

#### **ALLERGENS**







Peanuts - N



Tree - N



🗞 Soybean - N

(S) Fish - N



Shellfish - NI



(!) Crustaceans - N

#### **INGREDIENTS**



ARTICHOKE HEARTS, WATER, SALT, CITRIC ACID.

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## PREPARATION & COOKING SUGGESTIONS



## SERVING SUGGESTIONS



## MORE INFORMATION

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Remove Roland Quartered Artichoke Hearts from brine and rinse briefly with cold water. May be served hot or cold.

Roland Artichoke Quarters are used in party appetizers and dips. They are marinated for salads and used in deli trays. They go well in cream and cheese sauces and fit well on buffet trays; they complement chicken, and veal dishes.

# **NUTRITIONAL ANALYSIS**



Calories	50
Protein	3 g
Total Carbohydrates	10 g
Sugars	5 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	380 mg
Calcium	30 mg
Iron	0.8 mg
Potassium	370 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

#### **NUTRITIONAL CLAIMS**



FAT	LOW
KOSHER	YES

SUGARS	NO_ADDED
VEGETARIAN	YES

TRANS_FAT	FREE_FROM
VEGAN	YES

# MORE IMAGES









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MORE IMAGES

