

High Liner Foodservice, 4.54 kg / 10 lb, Beer Battered Cod Fillets, Natural Cut, approx. 57 g / 2 oz

High Liner Foodservice Brewer's Choice® Battered Cod Portions are a delicious example of the many beer-battered options we offer. Each consistently sized wild caught portion is carefully dipped in a specially seasoned batter made with rich malty beer. They come ready to bake or deep fry, and easily cook to bite after bite of golden crunchy, flaky fish perfection in minutes. With almost no prep required, this highly versatile option will most certainly entice beer lovers and non-beer lovers alike, with the superior plate coverage you demand.

Product Last Saved Date: 04 June 2025



# Nutrition Facts

Servings per container

**Serving Size Per about 2 fillets (113 g)**

**Amount Per Serving**

**Calories** **220**

**% Daily Value\***

|                                 |            |
|---------------------------------|------------|
| <b>Total Fat</b> 10 g           | <b>13%</b> |
| Saturated Fat 1 g               | <b>5%</b>  |
| Trans Fat 0 g                   |            |
| <b>Cholesterol</b> 30 mg        | <b>%</b>   |
| <b>Sodium</b> 600 mg            | <b>26%</b> |
| <b>Total Carbohydrates</b> 19 g | <b>%</b>   |
| Dietary Fiber 1 g               | <b>4%</b>  |
| Total Sugars 0 g                |            |
| Includes Added Sugars           | <b>%</b>   |
| <b>Protein</b> 13 g             |            |
| Vitamin D                       | <b>%</b>   |
| Calcium 20 mg                   | <b>2%</b>  |
| Iron 1 mg                       | <b>6%</b>  |
| Potassium 250 mg                | <b>7%</b>  |

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Product Specifications :**

| Code | GTIN           | Type Of Catch |
|------|----------------|---------------|
| 1652 | 10061763016520 |               |

| Brand                  | GPC Description                    |
|------------------------|------------------------------------|
| High Liner Foodservice | Fish - Prepared/Processed (Frozen) |

| Gross Weight | Net Weight | Country of Origin | Kosher     | Gluten Free |
|--------------|------------|-------------------|------------|-------------|
| 4.861 KGM    |            |                   | Undeclared | No          |

**Shipping Information**

| Length    | Width     | Height    | Volume    | TlxHI | Shelf Life | Storage Temp From/To |
|-----------|-----------|-----------|-----------|-------|------------|----------------------|
| 39.87 CMT | 19.55 CMT | 21.32 CMT | 0.017 MTQ | 15x8  | 540 Days   |                      |

**Ingredients :**

Cod, Flour (wheat, corn), Vegetable oil (canola, cottonseed), Beer, Water, Modified corn starch, Salt, Flavour, Baking soda, Sodium aluminum phosphate (leavening acid), Spices, Sugars (sugar, dextrose). Contains: Cod (fish), Wheat, Barley.

**Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):**

|              |                 |               |
|--------------|-----------------|---------------|
| Eggs - NI    | Milk - NI       | Soy - NI      |
| Fish - NI    | Wheat - NI      | TreeNuts - NI |
| Peanuts - NI | Crustacean - NI | Sesame - NI   |

**Prep & Cooking Suggestions:**

**Species / Scientific Name:**

**Serving Suggestions:**

**Claims & Child Nutrition:**

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:

