## 100669 - SP 51% WG BAKED-I/W-2.20Z/100

Offer a whole lot of goodness with our 51% Whole Grain Pretzels. The perfect addition to any nutritious meal. Our soft, warm and delicious 51% whole grain pretzels with increased fiber and whole grain goodness. They're a great way to add excitement to school menus and more.



#### MARKETING

Provides various grains/breads for the Child Nutrition Program. Delivers up to 4 g fiber per pretzel, depending on size. Simply heat and serve

# **Nutrition Facts**

Serving Size

100 Servings per container

**Amount Per Serving Calories** 

1 Pretzel

%

10%

%

	% Daily Value*
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 150 mg	6%
Total Carbohydrates 30 g	10%

# Dietary Fiber 3 g 12%

Total Sugars 1 g Includes 0 g Added Sugars

Protein 5 g Vitamin D % Calcium 2%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### PRODUCT SPECIFICATIONS



Brand	Brand Owner	GPC Description
SUPERPRETZEL®	J&J SNACK FOODS CORP.	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

	Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
ı	17.25 LBR	13.75 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23.4 INH	9.4 INH	12.6 INH	1.6 FTQ	8x6	365 Days	-10 FAH / 0 FAH

## HANDLING SUGGESTIONS



## **SERVING SUGGESTIONS**



Iron

Potassium

Keep Frozen (0° F or below) Shelf life up to one year when stored properly.

Thaw and serve

## PREPARATION & COOKING SUGGESTIONS

1)Product can be Thaw and Serve 2)Product can be reheated in the oven by removing the pretzel from the film, preheat oven to 350-400F. Lightly mist frozen soft pretzel with water, then sprinkle with salt if desired. Place pretzel in the oven and bake for 3-5 minutes.

3)Microwave - Product can be reheated in the microwave by removing the pretzel from the film, lightly mist frozen soft pretzel with water, sprinkle salt if desired, microwave on high for 20-40 seconds. Heating times and temperatures may vary.

## INGREDIENTS



WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: CORN SYRUP, WHEAT GLUTEN, BARLEY MALT POWDER (BARLEY MALT FLOUR, DEXTROSE, WHEAT FLOUR), DOUGH CONDITIONER (WHEAT FLOUR, SALT, SOYBEAN OIL, L-CYSTEINE, ASCORBIC ACID, ENZYMES), ASCORBIC ACID. BICARBONATES AND CARBONATES OF SODA

## **ALLERGENS**



C = 'Contains' : MC = 'May Contain' : N = 'Free From' : UN = 'Undeclared' : 30 = 'Free From Not Tested'; 50 = 'Derive Derived From Ingredients'; NI = 'No Info'

([]) Milk - N



(🕖) Eggs - N











#### MORE INFORMATION



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## **NUTRITIONAL ANALYSIS**



Calories	140
Protein	5 g
Total Carbohydrates	30 g
Sugars	1 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	150 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

#### **NUTRITIONAL CLAIMS**

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KOSHER	YES
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