



10 Lb (4.54 kg) Oven Ready Crunchy Breaded Cod Nuggets,  
Made from Minced Fish, 1 oz, CN

Crunchy coating. CN Label. Wild Caught Cod. Final product is value added and packed in USA

Product Last Saved Date: 31 July 2025



Nutrition Facts

40 Servings per container  
Serving Size 4 Nuggets (112g)

Amount Per Serving  
Calories 240

	% Daily Value*
Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 35 mg	11%
Sodium 320 mg	14%
Total Carbohydrates 20 g	7%
Dietary Fiber 1 g	2%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

Protein 16 g	
Vitamin D 0.7 mcg	4%
Calcium 0 mg	0%
Iron 1.4 mg	8%
Potassium 350 mg	8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
10021015	00079149210151	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
10.641 LBR	10 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
11.697 INH	7.697 INH	9.894 INH	0.515 FTQ	20x4	547 Days	-10 FAH / 0 FAH

Ingredients :

67.0% MINCED COD; 33.0% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN STARCH, CONTAINS 2% OR LESS OF: SALT, WATER, DEXTROSE, YEAST, CELLULOSE GUM, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), EXTRACTIVES OF ANNATTO AND PAPRIKA (COLOR), NATURAL FLAVOR. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (COD), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen nuggets on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for about 15 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for about 20 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

Entrée

Species / Scientific Name:

Atlantic Cod - Gadus morhua

Claims & Child Nutrition:

BAP Certified:  
MSC Certified:  
Has CN Statement: Yes  
CN Statement: FOUR 1.00 OZ OVEN READY CRUNCHY BREADED FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.





**10021015 - 10 Lb (4.54 kg) Oven Ready Crunchy Breaded Cod Nuggets, Made from Minced Fish, 1 oz, CN**

**CN Information:**

CN Statement : FOUR 1.00 OZ OVEN READY CRUNCHY BREADED FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.

Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

**Label Copy:**

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE



EST. # 045

MANUFACTURED BY: HIGH LINER  
FOODS, PORTSMOUTH, NH 03801  
FOR INQUIRIES CALL: 1-888-860-3664  
www.highlinerfoodservice.com

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**Oven Ready  
Crunchy Breaded  
Cod Nuggets 1 oz  
MADE FROM MINCED FISH**

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CONTAINS: FISH (COD), WHEAT

**NET WT 10 Lb (4.54 kg)**



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**10021015**

**LOT #: 1234568790**



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**10021015**



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**High Liner Bid Desk Contact and Specification Verification:**

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