

10 Lb (4.54 kg) Oven Ready Crunchy Breaded Cod Nuggets, Made from Minced Fish, 1 oz, CN

Crunchy coating. CN Label. Wild Caught Cod. Final product is value added and packed in USA

Product Last Saved Date: 20 October 2025



Nutrition Facts

40 Servings per container

Serving Size

4 Nuggets (112g)

Amount Per Serving

Calories	240
	% Daily Value*
Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 35 mg	11%
Sodium 320 mg	14%
Total Carbohydrates 20 g	7%
Dietary Fiber 1 g	2%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 16 g	
Vitamin D 0.7 mcg	4%
Calcium 0 mg	0%
Iron 1.4 mg	8%
Potassium 350 mg	8%

Product Specifications :					
Code	GTIN	Type Of Catch			
10021015	00079149210151	WILD			

Brand	GPC Description		
High Liner Foodservice	Fish - Prepared/Processed (Frozen)		

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free	
10.641 LBR	10 LBR	N/A	Undeclared	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.697 INH	7.697 INH	9.894 INH	0.515 FTQ	20x4	547 Days	-10 FAH / 0 FAH

Ingredients:

67.0% MINCED COD; 33.0% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN STARCH, CONTAINS 2% OR LESS OF: SALT, WATER, DEXTROSE, YEAST, CELLULOSE GUM, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), <math display="block">(SODIUM CONTAINS CONTAIEXTRACTIVES OF ANNATTO AND PAPRIKA (COLOR), NATURAL FLAVOR. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (COD), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - 30	Milk - 30	Soy - 30			
Fish - C	Wheat - C	TreeNuts - 30			
Peanuts - 30	Crustacean - 30	Sesame - 30			

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen nuggets on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for about 15 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for about 20 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM

Species / Scientific Name:

Atlantic Cod - Gadus morhua

Serving Suggestions:

Claims & Child Nutrition:

BAP Certified: MSC Certified: Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ OVEN READY CRUNCHY BREADED FISH NUGGETS

PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 2

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CN Information:

CN Statement: FOUR 1.00 OZ OVEN READY CRUNCHY BREADED FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD

NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal

programs. Additional grains must be served to meet meal pattern requirements.

Suggested Bid:

Meat/Meat Alternative:

WholeGrain Credit Calculation:

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark

10021015



INDIVIDUALLY QUICK FROZEN



ANUFACTURED BY: HIGH LINER PODS, PORTSMOUTH, NH 03801 PR INQUIRIES CALL: 1-888-860-36 vw.highlinerfoodservice.com

demark of High Liner Foods Incom 2566165

Oven Ready Crunchy Breaded Cod Nuggets 1 oz

MADE FROM MINCED FISH

COOKING INSTRUCTIONS FROM FROZEN:

TO BAKE: Place frozen nuggets on a lightly oiled baking pan.

CONVECTION OVEN: Preheat oven to 40°F and bake for about 15 minutes.

CONVENTION OVEN: Preheat oven to 42°F5 and bake for about 20 minutes.

NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

INGREDIENTS: 67.0% MINCED COD; 33.0% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED YELLOW CORN FLOUR, CORN FLOUR, KIDA,

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REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN STARCH, CONTAINS 2% OR LESS OF: SALT,

WATER, DEXTROSE, YEAST, CELLULOSE GUM, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE,

MONOCALCIUM PHOSPHATE), EXTRACTIVES OF ANNATTO AND PAPRIKA (COLOR), NATURAL FLAVOR. PREFRIED IN

CANOLA, COTTONSEED, AND/OR SOYBEAN OIL.

CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (COD), WHEAT

 $^{\scriptscriptstyle{\mathsf{Tated}}}$ NET WT 10 Lb (4.54 kg)



LOT #: 1234568790

- CN -FOUR 1.00 OZ OVEN READY CRUNCHY BREADED FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 05/2022.)

DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements



00079149210151

High Liner Bid Desk Contact and Specification Verification:

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