

10 Lb (4.54 kg) Atlantic Cod Loins, 4 oz

Snow Cod is a premium, sustainably farmed Atlantic cod known for its firm texture and luminous white cod. Its clean, delicate flavor makes it a standout ingredient in both refined culinary creations and everyday meals. Responsibly raised to ensure year-round availability, Snow Cod offers consistent quality without compromising the environment. Celebrated by chefs and food lovers alike, it brings exceptional freshness and character to every plate.

Product Last Saved Date: 20 May 2026



Nutrition Facts

40 Servings per container

Serving Size 4 oz (112g / About 1 Loins)

Amount Per Serving

Calories 80

% Daily Value*

Total Fat 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 50 mg **17%**

Sodium 340 mg **15%**

Total Carbohydrates 0 g **0%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 19 g

Vitamin D 0.6 mcg 4%

Calcium 10 mg 0%

Iron 0.4 mg 2%

Potassium 490 mg 10%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
11250001	10035493500017	FARM RAISED

Brand	GPC Description
High Liner Coastal Reserve	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.192 LBR	10 LBR	PL, NL, NO, LT, LV	Undeclared	Yes

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.354 INH	11.417 INH	2.756 INH	0.28 FTQ	10x15	547 Days	-10 FAH / 0 FAH

Ingredients :

COD. CONTAINS: COD (FISH)

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - INII	Soy - INII
Fish - C	Wheat - INII	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

Prep & Cooking Suggestions:

FOR FOOD SAFETY, KEEP FROZEN 0°F (-18°C) UNTIL USED. PRODUCT MUST BE COOKED PRIOR TO CONSUMPTION. COOK TO A MINIMUM INTERNAL TEMPERATURE OF 158°F. IF THAWING, REMOVE PRODUCT FROM VAC PACK FIRST AND THAW UNDER REFRIGERATION (38°F OR BELOW). ONCE THAWED, LABEL WITH A "USE BY" DATE THAT IS NO MORE THAN 3 DAYS AT 38°F OR BELOW.

Serving Suggestions:

Ideal for fresh catch dinner entrées, including lighter main courses and healthier options. Pairs well with your own complementary signature sauces and sides.

Species / Scientific Name:

Atlantic Cod - Gadus morhua

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:

