

# 37240 - Falafel Balls



Falafel Balls Heat And Serve Oven: Preheat Oven To 350F. Place Frozen In Single Layer On Ungreased Baking Sheet And Bake For 14 To 16 Minutes. Microwave: Arrange 4 To 6 Frozen Falafel Balls On Microwave Safe Plate. Microwave On High For 2 Minutes. (Microwave Times Will Vary.) Stove Top: Heat Skillet On Stove Top With 3-4 Tbsp. Vegetable Oil. Place Defrosted Falafel Balls In Pan And...



## MARKETING

Falafel Balls Heat And Serve - Oven: Preheat Oven To 350F. Place Frozen In Single Layer On Ungreased Baking Sheet And Bake For 14 To 16 Minutes. Microwave: Arrange 4 To 6 Frozen Falafel Balls On Microwave Safe Plate. Microwave On High For 2 Minutes.

## PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description			
714426		10705723720019		1/10 LB			
Brand		Brand Owner		GPC Description			
Franklin Farms		Dot Foods		Eggs Products/Substitutes			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition		
11.25 LBR	10 LBR	No	United States	Undeclared	No		
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
14 INH	9.5 INH	5.5 INH	0.42 FTQ	12x11	180 Days	-5 FAH / -2.5 FAH	
Traceability Regulation							
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors				
N/A	N/A	N/A	N/A				

## Nutrition Facts

- Servings per container

**Serving Size** **3.0 EA**

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**Amount Per Serving**

**Calories** **230**

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% Daily Value\*

<b>Total Fat</b> 6 g	<b>8%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 160 mg	<b>7%</b>
<b>Total Carbohydrates</b> 37 g	<b>13%</b>
Dietary Fiber 7 g	<b>24%</b>
Total Sugars 5 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 11 g	

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Vitamin D 0 mcg 0%

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Calcium 16 mg 0%

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Iron 3 mg 15%

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Potassium 650 mg 15%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## HANDLING SUGGESTIONS

keep frozen-----

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

## INGREDIENTS

Chickpeas, Oats, Zucchini, Onion, Olive Oil, Cilantro, Sea Salt, Rice Vinegar, Garlic, Methylcellulose, Spices.

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### PREPARATION & COOKING SUGGESTIONS

Heat\_And\_Serve - Oven:

### SERVING SUGGESTIONS

Heat\_And\_Serve - Oven:

### MORE INFORMATION