Franklin Farms

37240 - Falafel Balls

Falafel BallsHeat_And_ServeOven: Preheat Oven To 350F. Place Frozen In Single Layer On Ungreased Baking Sheet And Bake For 14 To 16 Minutes.Microwave: Arrange 4 To 6 Frozen Falafel Balls On Microwave Safe Plate. Microwave On High For 2 Minutes. (Microwave Times Will Vary.)Stove Top: Heat Skillet On Stove Top With 3-4 Tbsp. Vegetable Oil. Place Defrosted Falafel Balls In Pan And...



MARKETING

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PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
714426	10705723720019	1/10 LB

Brand	Brand Owner	GPC Description
Franklin Farms	Dot Foods	Eggs Products/Substitutes

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11.25 LBR	10 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
14 INH	9.5 INH	5.5 INH	0.42 FTQ	12x11	237 Days	-5 FAH / -2.5 FAH

Traceability Regulation			
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

- Servings per container

Serving Size **3.0 EA**

Amount Per Serving

Calories **230**

	% Daily Value*
Total Fat 6 g	**8%**
Saturated Fat 0.5 g	**3%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 160 mg	**7%**
Total Carbohydrates 37 g	**13%**
Dietary Fiber 7 g	**24%**
Total Sugars 5 g	
Includes 0 g Added Sugars	**0%**
Protein 11 g	
Vitamin D 0 mcg	0%
Calcium 16 mg	0%
Iron 3 mg	15%
Potassium 650 mg	15%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

keep frozen------

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

Chickpeas, Oats, Zucchini, Onion, Olive Oil, Cilantro, Sea Salt, Rice Vinegar, Garlic, Methylcellulose, Spices.

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PREPARATION & COOKING SUGGESTIONS

Heat_And_Serve - Oven:

SERVING SUGGESTIONS

Heat_And_Serve - Oven:

MORE INFORMATION