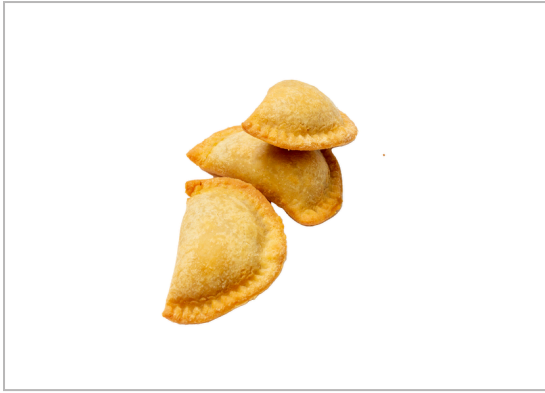


# 716 - Vegetable Empanada



Onions, eggplant, peppers, sundried tomatoes, black beans, Monterey Jack and cheddar cheese in a jalapeno and cheddar cheese flavored dough. (1.0 oz. each) Layered, stacked, wrapped, rolled, filled, folded, stuffed, or skewered: Kabobs' handcrafted hors d'oeuvres and entrees are made with imagination, creativity, and the freshest, finest, hand-selected ingredients readily available...



### MARKETING

Vegetable Empanada. Onions, eggplant, peppers, sundried tomatoes, black beans, Monterey Jack and cheddar cheese in a jalapeno and cheddar cheese flavored dough. (1.0 oz. each)

## Nutrition Facts

33 Servings per container

**Serving Size** **3.0 EA**

**Amount Per Serving**  
**Calories** **240**

% Daily Value\*

**Total Fat** 13 g **16%**

Saturated Fat 3 g **15%**

Trans Fat 0 g

**Cholesterol** 20 mg **7%**

**Sodium** 140 mg **6%**

**Total Carbohydrates** 27 g **10%**

Dietary Fiber 2 g **6%**

Total Sugars 2 g

Includes 1 g Added Sugars **%**

**Protein** 5 g

Vitamin D 0.2 mcg 0%

Calcium 50 mg 4%

Iron 1.6 mg 8%

Potassium 140 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description				
K716	00745378716008	100/1 OZ				
Brand	Brand Owner	GPC Description				
Kabobs	Kabobs	Pies/Pastries/Pizzas/Quiches - Savoury (Perishable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
7.7 LBR	6.4 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.5 INH	9.2 INH	4.6 INH	0.4 FTQ	10x11	364 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

### HANDLING SUGGESTIONS

keep frozen---UNIT UPC: 745378716008---

### ALLERGENS

**C** = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **NI** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - N
- Molluscs - MC
- Peanuts - MC
- Tree - MC
- Fish - MC
- Shellfish - MC
- Crustaceans - MC

### INGREDIENTS

BLEACHED ENRICHED WHEAT FLOUR WATER, CREAM CHEESE, MARGARINE MASECA CORN FLOUR, DRY WHOLE EGG , SALT FILLING: ZUCCHINI, ONIONS, CARROTS, CORN, MONTEREY JACK CHEESE BLACK BEANS , ROASTED GREEN BELL PEPPER, ROASTED RED BELL PEPPERS, EGGPLANT, WATER, SUNDRIED TOMATOES , MODIFIED CORN STARCH, AMERICAN BREADCRUMBS , SOYBEAN OIL , MINCED GARLIC, SPICES, SALT. BLEACHED ENRICHED WHEAT FLOUR

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### PREPARATION & COOKING SUGGESTIONS

From Frozen BEST IF DEEP FRIED at 350 °F for 6 - 8 minutes, or IF BAKING, Brush with Egg Wash and Bake in a 350 °F Convection Oven for 6 - 8 Minutes or Until done

### SERVING SUGGESTIONS

hors d'oeuvre

### MORE INFORMATION