# 561109 - WHOLE GRAIN RICH 2 OZ EQ OVEN FIRED FLATBREAD

2 OZ EQ WGR OVEN FIRED FLATBREAD READY TO THAW AND SERVE TO HUNGRY STUDENTS.



#### MARKETING

E =

2 OZ EQ WGR OVEN FIRED FLATBREAD READY TO THAW AND SERVE TO HUNGRY STUDENTS.

# **Nutrition Facts**

192.0 Servings per container

Serving Size 1 FLATBREAD (62 G)

Amount Per Serving
Calories

180

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	% Daily Value*
Total Fat 5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 330 mg	14%
Total Carbohydrates 28 g	10%
Dietary Fiber 3 g	10%
Total Sugars 2 g	
Includes 1 g Added Sugars	2%
Protein 6 g	
Vitamin D 0 mcg	0%

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Protein 6 g		
Vitamin D 0 mcg		0%
Calcium 30 mg		2%
Iron 1.5 mg		8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PRODUCT SPECIFICATIONS

Code Dist Prod Code		GTIN	Calculated Pack
14010	561109	00049800140103	192 x 2.2 OZ

Brand	Brand Owner	GPC Description	
RICH'S	RICH PRODUCTS CORPORATION	Bread (Frozen)	

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
28.132 LBR	26.4 LBR	No	United States	Undeclared	No

Shipping						
Length Width Height Volume TIxHI Shelf Life Storage Temp From/To						
26.75 INH	13.5 INH	9.188 INH	1.92 FTQ	4x9	365 Days	-10.0 FAH / 10.0 FAH

## HANDLING SUGGESTIONS

Keep Frozen



# SERVING SUGGESTIONS



Flatbreads can be used for sandwiches, tortillas, wraps, paninis, bruschettas, salads, desserts and more! Flatbreads are a great carrier for portable options (like wraps and panini wedges) and small plate items (like pizzettes, thin crust pizza, or bruschetta).

# PREPARATION & COOKING SUGGESTIONS



2%

KEEP FROZEN 0°F OR BELOW Handling Instructions:

1. Keep product frozen at 0°F or below until ready to use

2. Defrost and store thawed flatbread at room
temperature Note: To prevent drying, flatbread must be
completely covered with plastic when stored in the
freezer, refrigerator or at room temperature. Thawing in
refrigerator or near sources of heat causes moisture
loss. 3. Warm flatbreads prior to folding for easier
handling Note: Cold, dry or toasted flatbread will crack
when folded 4. To properly fold/roll flatbread, locate the
grill marks which represent the "grain". Fold/roll the
flatbread against the grain 5.. For sandwich applications
with a more authentic artisan appearance, expose the
oven fired bubbles when folding the flatbread around
ingredients

#### **INGREDIENTS**



WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, NONFAT DRY MILK, WHEAT GLUTEN, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SODIUM STEAROYL LACTYLATE, GUAR GUM, ENZYMES.

#### ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(i) Milk - C



( Eggs - 30



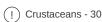
















(!) Mustard - 30

! Molluscs - 30

#### MORE INFORMATION

Potassium 120 mg



Telephone : Call 1-800-356-7094 or email helpline@rich.com

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# NUTRITIONAL ANALYSIS

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Calories	285.493
Protein	9.338 g
Total Carbohydrates	44.352 g
Sugars	3.088 g
Dietary Fiber	4.349 g
Lactose	
Sucrose	
Vitamin A (IU)	3.173 3.173 iu
Vitamin A (RE)	3.173
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	7.998 g
Trans Fat	0.097 g
Saturated Fat	1.512 g
Added Sugars	1.95 g
Polyunsaturated Fat	4.36 g
Monounsaturated Fat	1.711 g
Cholesterol	0.411 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	525.841 mg
Calcium	41.485 mg
Iron	2.483 mg
Potassium	188.414 mg
Zinc	
Phosphorus	
Thiamin	0.368 mg
Niacin	3.134 mg
Riboflavin	0.204 mg
Vitamin B-12	
Nitrates	

#### **NUTRITIONAL CLAIMS**

#### (1)

## MORE IMAGES







