

148865 - POWERADE Mountain Blast Bag in box, 2.5 Gallons

The ION4® Advanced Electrolyte System helps replenish four electrolytes lost in sweat. POWERADE® is formulated with a 6% carbohydrate solution to help provide energy to working muscles and vitamins B3 B6 and B12.



MARKETING

Powered by unique ION4 Advanced Electrolyte System to help replenish the four electrolytes you lose when you sweat: sodium, potassium, calcium and magnesium.



Nutrition Facts

96.0 Servings per container	
Serving Size	8 oz
Amount Per Serving	
Calories	56
% Daily Value*	
Total Fat 0 g	%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	%
Sodium 52 mg	%
Total Carbohydrates 15 g	%
Dietary Fiber	%
Total Sugars 15 g	
Includes 0 g Added Sugars	0%

Protein 0 g	
Vitamin D	%
Calcium	%
Iron	%
Potassium 44 mg	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
02360298		148865		00049000986235		1/2.5 gal	
Brand		Brand Owner		GPC Description			
Powerade		Coca-Cola		Sports Drinks - Rehydration (Ready To Drink)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
25.03 LBR	23.95 LBR	No		United States		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
15.31 INH	11.44 INH	4.44 INH	0.45 FTQ	10x10	75 Days	52.0 FAH / 86.0 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
TRACEABILITY_REGULATION		FSMA204	NOT_APPLICABLE		NOT_COVERED_BY_FTL		

HANDLING SUGGESTIONS



Store product in a cool, dry place off of the floor. Protect from freezing.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N
- Crustaceans - N
- AU - N
- Cereals - N
- Mustard - N
- Lactose - N
- Almonds - N
- Coconuts - N
- Molluscs - N

INGREDIENTS



Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Salt, Potassium Citrate, Potassium Benzoate, Potassium Sorbate, Modified Food Starch, Coconut Oil, Potassium Phosphate, Sucrose Acetate Isobutyrate, Niacinamide, Blue 1, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12)

PREPARATION & COOKING SUGGESTIONS

5 to 1

SERVING SUGGESTIONS

One gallon of syrup yields 768 fluid ounces of beverage

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	56	Total Fat	0 g	Sodium	52 mg
Protein	0 g	Trans Fat	0 g	Calcium	
Total Carbohydrates	15 g	Saturated Fat	0 g	Iron	
Sugars	15 g	Added Sugars	0 g	Potassium	44 mg
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	1 mg
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D		Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	2 mg
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6	0.2 mg	Vitamin B-12	0.6 mcg
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

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