



MARKETING

Good source of protein. Includes live & active cultures, and three types of probiotics. No modified cornstarch or high fructose corn syrup. Less than 5% lactose —a perfect part of a very low lactose diet. Naturally low in sodium

Nutrition Facts

1 Servings per container

Serving Size4.5 oz.

Amount Per Serving

Calories190

% Daily Value*

Total Fat 810%

Saturated Fat 3 g15%

Trans Fat 0 g

Cholesterol 10 mg3%

Sodium 45 mg2%

Total Carbohydrates 20 g7%

Dietary Fiber 2 g7%

Total Sugars 18 g

Includes 14 g Added Sugars28%

Protein 10 g

Vitamin D 0 mcg0%

Calcium 120 mg10%

Iron 0.7 mg4%

Potassium 220 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
1545	227639	10818290014259	12 x 4.5 OZ

Brand	Brand Owner	GPC Description
Chobani®	Chobani, Inc.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
4.07 LBR	3.38 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.69 INH	9.19 INH	3.56 INH	447.89 INQ	13x9	80 Days	33 FAH / 38 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - N

Soy - C

Wheat - N

Sesame - N

Peanuts - MC

Tree Nuts - C

Fish - N

Shellfish - NI

SERVING SUGGESTIONS

READY TO EAT

INGREDIENTS

Cultured Lowfat Milk, Cane Sugar, Water, Hazelnuts, Chocolate, Cocoa Butter, Milk, Cocoa, Natural Flavors, Fruit Pectin, Lemon Juice Concentrate, Guar Gum, Salt, Soy Lecithin, Tapioca Flour. Contains Live And Active Cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidus, L. Casei, And L. Rhamnosus.

HANDLING SUGGESTIONS

Keep Refrigerated. Do Not Freeze

PREPARATION & COOKING SUGGESTIONS

READY TO EAT

MORE INFORMATION

NUTRITIONAL ANALYSIS



Calories	190	Total Fat	8	Sodium	45 mg
Protein	10 g	Trans Fat	0 g	Calcium	120 mg
Total Carbohydrates	20 g	Saturated Fat	3 g	Iron	0.7 mg
Sugars	18 g	Added Sugars	14 g	Potassium	220 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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