

# 227639 - Chobani® Flip® Lowfat Greek Yogurt Chocolate Haze Cra...

Over 20 flavors of lip-smacking snacking. Our most fun yogurt, Chobani® Flip® Greek Yogurt is a good source of protein. Perfectly portioned with a side of only natural, crunchy mix-ins. Great for breakfast or as a snack. Chocolate hazelnut flavored Chobani® Greek Yogurt with hazelnuts and milk chocolate chips. Made with only natural ingredients.



## MARKETING

Good source of protein. Includes live & active cultures, and three types of probiotics. No modified cornstarch or high fructose corn syrup. Less than 5% lactose —a perfect part of a very low lactose diet. Naturally low in sodium

## Nutrition Facts

1 Servings per container	
<b>Serving Size</b>	<b>4.5 oz.</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>190</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 8	<b>10%</b>
Saturated Fat 3 g	<b>15%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 10 mg	<b>3%</b>
<b>Sodium</b> 45 mg	<b>2%</b>
<b>Total Carbohydrates</b> 20 g	<b>7%</b>
Dietary Fiber 2 g	<b>7%</b>
Total Sugars 18 g	
Includes 14 g Added Sugars	<b>28%</b>
<b>Protein</b> 10 g	
Vitamin D 0 mcg	0%
Calcium 120 mg	10%
Iron 0.7 mg	4%
Potassium 220 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
1545	227639	10818290014259	12 x 4.5 OZ

Brand	Brand Owner	GPC Description
Chobani®	Chobani, Inc.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
4.07 LBR	3.38 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
13.69 INH	9.19 INH	3.56 INH	447.89 INQ	13x9	80 Days	33 FAH / 38 FAH

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - C
- Wheat - N
- Sesame - N
- Peanuts - MC
- Tree Nuts - C
- Fish - N
- Shellfish - NI

## SERVING SUGGESTIONS

READY TO EAT

## INGREDIENTS

Cultured Lowfat Milk, Cane Sugar, Water, Hazelnuts, Chocolate, Cocoa Butter, Milk, Cocoa, Natural Flavors, Fruit Pectin, Lemon Juice Concentrate, Guar Gum, Salt, Soy Lecithin, Tapioca Flour. Contains Live And Active Cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidus, L. Casei, And L. Rhamnosus.

## HANDLING SUGGESTIONS

Keep Refrigerated. Do Not Freeze

## PREPARATION & COOKING SUGGESTIONS

READY TO EAT

## MORE INFORMATION

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### NUTRITIONAL ANALYSIS



Calories	190
Protein	10 g
Total Carbohydrates	20 g
Sugars	18 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8
Trans Fat	0 g
Saturated Fat	3 g
Added Sugars	14 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	10 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	45 mg
Calcium	120 mg
Iron	0.7 mg
Potassium	220 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



KOSHER	YES
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### MORE IMAGES

