

# 100746 - Giant Bavarian Pretzel Roll -4oz/80ct



Bavarian Pretzel Rolls are the perfect way to create a unique twist on a traditional offering. These Bavarian Pretzels come pre-sliced and are fabulous when stuffed with favorite sandwich ingredients, hot dogs, sausage or bratwurst. Authentic splits and twists bring eye appeal and excitement to an otherwise ordinary sandwich or entrée.



### MARKETING

All Bavarian Bakery products are fully baked and taste great. Thaw & serve or heat & serve

## Nutrition Facts

80 Servings per container

**Serving Size** **1 Roll**

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**Amount Per Serving** **300**

**% Daily Value\***

<b>Total Fat</b> 4 g	<b>5%</b>
Saturated Fat 2 g	<b>8%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 502 mg	<b>17%</b>
<b>Total Carbohydrates</b> 54 g	<b>18%</b>
Dietary Fiber 2 g	<b>8%</b>
Total Sugars 7 g	
Includes 6 g Added Sugars	<b>12%</b>
<b>Protein</b> 10 g	
Vitamin D 0.6 mcg	4%
Calcium 20 mg	2%
Iron 3.5 mg	20%
Potassium 100 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
7052	100746	10053493070521	case

Brand	Brand Owner	GPC Description
Bavarian Bakery®	J&J SNACK FOODS CORP.	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
22 LBR	20 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20 INH	13.5 INH	13.7 INH	2.07 FTQ	7x7	365 Days	-10 FAH / 15 FAH

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

### SERVING SUGGESTIONS

Bake and serve.

### INGREDIENTS

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BROWN SUGAR, PALM OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, SALT, DISTILLED VINEGAR, MALTED BARLEY POWDER (MALTED BARLEY, WHEAT FLOUR, DEXTROSE), BICARBONATES AND CARBONATES OF SODA.

### HANDLING SUGGESTIONS

Keep Frozen (0° F or below). Shelf life up to one year when stored properly.

### PREPARATION & COOKING SUGGESTIONS

Oven – 1) Preheat oven to 375-400°F.\* 2) Lightly mist frozen soft pretzel bun with water, then sprinkle with salt or press face down in a bed of salt, sesame seeds, onion, etc. 3) Place salted soft pretzel in the oven and cook for 3-5 minutes.\*  
 Microwave – 1) Lightly mist frozen soft pretzel with water, then sprinkle with salt or press face down in a bed of salt, sesame seeds, onion, etc. 2) Place salted soft pretzel on a microwaveable safe tray. 3) Microwave on HIGH for 75-105 seconds.\*  
 \* Heating times and temperatures may vary.

### MORE INFORMATION

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## NUTRITIONAL ANALYSIS



Calories	300
Protein	10 g
Total Carbohydrates	54 g
Sugars	7 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	4 g
Trans Fat	0 g
Saturated Fat	2 g
Added Sugars	6 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0.6 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	502 mg
Calcium	20 mg
Iron	3.5 mg
Potassium	100 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS

