126098 - GENERAL MILLS GOLD MEDAL COMPLETE PANCAKE MIX BUTTERM...

Gold Medal(TM) consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with traditional,





MARKETING

Gold Medal(TM) consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with traditional, cornmeal-based flavor and appearance.. Available in costeffective, 5 lb bulk format.. Exceptional after-mix hold time means little batter wasted from gassing out.. Has high water absorption rate for better yield and more pancakes per box.. Waffles can be made using Gold Medal Complete Pancake Mix.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack	
11827000	126098	10016000118277	6/5 LB	

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
33.500 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

Nutrition Facts

252 Servings per container

Serving Size 1/3 cup + 2T mix makes 2 - 4 1/2" pancakes

Amount Per Serving

Calories	200
	% Daily Value*
Total Fat 4 g	5%
Saturated Fat 1 g	6%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 430 mg	19%
Total Carbohydrates 37 g	14%
Dietary Fiber 1 g	5%
Total Sugars 7 g	
Includes 5 g Added Sugars	9%
Protein 5 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 2 mg	10%
Potassium 200 mg	4%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'



(S) Peanuts - 30



(1) Tree Nuts - 30



(S) Fish - 30



Shellfish - NI

(%) Sesame - 30

SERVING SUGGESTIONS

1/3 cup plus 2T of mix







ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEGERMED YELLOW CORN MEAL, DEXTROSE, MODIFIED WHEY, SUGAR, SOYBEAN OIL, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), DEFATTED SOY FLOUR, PALM OIL, BUTTERMILK, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, SOY LECITHIN, POTASSIUM CHLORIDE, CITRIC ACID, ANNATTO AND TURMERIC EXTRACT COLOR. CONTAINS WHEAT, MILK, SOY AND EGG INGREDIENTS.

HANDLING SUGGESTIONS



Keep in a dry cool place. Pancake Mix is not readyto-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

PREPARATION & COOKING SUGGESTIONS



Follow instruction on the package

MORE INFORMATION



Last Saved: 14 August 2023 | Printed: 13 May 2024 Powered by Syndigo LLC - syndigo.com

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Gold Medal(TM) consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with traditional, cornmeal-based flavor and appearance.

NUTRITIONAL ANALYSIS

Calories	200
Protein	5 g
Total Carbohydrates	37 g
Sugars	7 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	4 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	5 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	1 g
Cholesterol	10 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	430 mg
Calcium	30 mg
Iron	2 mg
Potassium	200 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	TRANS_FAT	FREE_FROM	IRON	CONTAINS
ARTIFICIAL_FLAVOUR	FREE_FROM				
KOSHER	YES	ARTIFICIAL_SWEETENERS	FREE_FROM	VEGETARIAN	YES

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