



## High Liner Foodservice Signature, 4.54 kg / 10 lb (2 x 2.27 kg / 5 lb), Scallops 80 - 120/lb

These wild caught High Liner Foodservice Bay Scallops fit a wide range of menu applications. They're smaller and tenderer than Sea Scallops with a sweeter flavour. This makes them ideal for stews, chowders, pasta dishes, and stir-fries, with added versatility to enhance any number of other dishes you have in mind. In addition to stir-frying, these tender Scallops can be baked, broiled, sautéed, deep-fried, pan-fried, grilled or poached, consistently delivering the appetizing appeal you expect from this species, and much more.

Product Last Saved Date: 04 June 2025



## Nutrition Facts

Servings per container

**Serving Size Per about 26 scallops (123 g)**

Amount Per Serving

**Calories 80**

% Daily Value\*

**Total Fat** 0.5 g **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 30 mg **%**

**Sodium** 480 mg **21%**

**Total Carbohydrates** 4 g **%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **%**

**Protein** 15 g

Vitamin D **%**

Calcium 10 mg **1%**

Iron 0.5 mg **3%**

Potassium 250 mg **5%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
1053469	10035493534692	

Brand	GPC Description
High Liner Foodservice Signature	Shellfish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.4 KGM			Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
36.8 CMT	20.5 CMT	14 CMT	0.0106 MTQ	14x13	540 Days	

### Ingredients :

Scallops. Contains: Scallops (shellfish)

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

### Prep & Cooking Suggestions:

Keep Frozen. Do not refreeze thawed. Scallops will be cooked when a minimum internal temperature of 74°C/165°F is reached.

### Species / Scientific Name:

### Serving Suggestions:

On pasta, Scallops and bacon belong together! Toss linguine pasta with Scallops, bacon, tomatoes and spinach.

### Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:

