



MARKETING

Nutrition Facts

180 Servings per container	
Serving Size	1 COOKIE
Amount Per Serving	
Calories	140.38
% Daily Value*	
Total Fat 4.56 g	7.02%
Saturated Fat 1.51 g	7.55%
Trans Fat 0.08 g	
Cholesterol 11.02 mg	3.67%
Sodium 116.25 mg	4.84%
Total Carbohydrates 23.9 g	7.97%
Dietary Fiber 2.04 g	8.16%
Total Sugars 12.32 g	
Includes Added Sugars	%

Protein 2 g	
Vitamin D	%
Calcium 9.31 mg	0.93%
Iron 0.84 mg	4.67%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
04932	564121	00024497049328	180 / 1.33 ONZ

Brand	Brand Owner	GPC Description
READI-BAKE BeneFIT®	J&J SNACK FOODS CORP.	Biscuits/Cookies (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
16 LBR	14.9625 LBR	No		Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.31 INH	12.31 INH	4.63 INH	.54	10x9	360 Days	-10 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - NI
- Peanuts - NI
- Tree Nuts - NI
- Fish - NI
- Shellfish - NI

SERVING SUGGESTIONS

INGREDIENTS

WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, SEMI-SWEET MINI GEMS (DARK CHOCOLATE [SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, BUTTEROIL, SOY LECITHIN, ARTIFICIAL FLAVOR], SUGAR, COLORING [INCLUDES YELLOW #5 LAKE, YELLOW #6 LAKE, BLUE #2 LAKE, RED #40 LAKE, BLUE #1 LAKE, FD&C YELLOW #6, FD&C YELLOW #5, FD&C BLUE #1], CONFECTIONER'S GLAZE [CARNAUBA WAX, BEESWAX, SHELLAC], GUM ARABIC, CORN SYRUP), EGGS, VEGETABLE SHORTENING (CANOLA OIL, PALM OIL WITH MONO AND DIGLYCERIDES), OATS, CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, STABILIZER [CAROB BEAN GUM AND/OR GUAR GUM AND/OR XANTHAN GUM]), MODIFIED WHEAT STARCH, INULIN. CONTAINS 2% OR LESS OF SALT, LEAVENING (SODIUM BICARBONATE AND SODIUM ALUMINUM PHOSPHATE), WATER, DAIRY BLEND (WHEY, SODIUM CASEINATE, NONFAT MILK, SOY LECITHIN, CALCIUM PHOSPHATE, CALCIUM OXIDE), SOY LECITHIN, NATURAL FLAVOR. CONTAINS: MILK, EGG, WHEAT AND SOYBEAN PRODUCTS

HANDLING SUGGESTIONS

PREPARATION & COOKING SUGGESTIONS

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	140.38
Protein	2 g
Total Carbohydrates	23.9 g
Sugars	12.32 g
Dietary Fiber	2.04 g
Lactose	
Sucrose	
Vitamin A (IU)	35.43 35.43 iu
Vitamin A (RE)	35.43
Vitamin C	0.02 mg
Magnesium	
Monosodium	

Total Fat	4.56 g
Trans Fat	0.08 g
Saturated Fat	1.51 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	11.02 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	116.25 mg
Calcium	9.31 mg
Iron	0.84 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

