



MARKETING

Our soft, delicious strip dumplings use simple ingredients for a homemade flavor you'd find in your Grandmother's kitchen! These cholesterol-free dumplings come in two sizes—24 oz. and 32 oz.—so you can be sure to make plenty for your family to enjoy.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
00011	10020593000116	12, 24oz.

Brand	Brand Owner	GPC Description
Mary B's®	J&J SNACK FOODS CORP.	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
19 LBR	18 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11 INH	9 INH	9.25 INH	0.5 FTQ	18x6	365 Days	-10 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

HANDLING SUGGESTIONS

Keep Frozen until ready to serve.

MORE INFORMATION

Nutrition Facts

9 Servings per container

Serving Size

4 dumplings

Amount Per Serving

Calories

210

% Daily Value*

Total Fat 1.5 g **2%**

Saturated Fat 0.5 g **3%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 0 mg **0%**

Total Carbohydrates 42 g **15%**

Dietary Fiber 1 g **4%**

Total Sugars

Includes 0 g Added Sugars **0%**

Protein 4 g

Vitamin D 0 mcg **0%**

Calcium 10 mg **0%**

Iron 1.6 mg **8%**

Potassium 60 mg **2%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SERVING SUGGESTIONS

INGREDIENTS

WHEAT FLOUR, WATER, PALM OIL, CORN STARCH.

PREPARATION & COOKING SUGGESTIONS

Handling Instructions: Keep frozen until ready to use. Cook to a minimum temperature of 165 degrees F. Do not consume raw dumplings and wash hands thoroughly after handling.