



MARKETING

0g sugars. 0g sodium

Nutrition Facts

9 Servings per container

Serving Size4 dumplings

Amount Per Serving

Calories210

% Daily Value\*

Total Fat 1.5 g2%

Saturated Fat 0.5 g3%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 0 mg0%

Total Carbohydrates 42 g15%

Dietary Fiber 1 g4%

Total Sugars

Includes 0 g Added Sugars0%

Protein 4 g

Vitamin D 0 mcg0%

Calcium 10 mg0%

Iron 1.6 mg8%

Potassium 60 mg2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
00011		10020593000116		12, 24oz.		
Brand	Brand Owner		GPC Description			
Mary B's®	J&J SNACK FOODS CORP.		Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
19 LBR	18 LBR	No		United States	Undeclared	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11 INH	9 INH	9.25 INH	0.5 FTQ	18x6	365 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

Keep Frozen until ready to serve.

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - N

Soybean - N

Wheat - C

Sesame - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

WHEAT FLOUR, WATER, PALM OIL, CORN STARCH.

PREPARATION & COOKING SUGGESTIONS	SERVING SUGGESTIONS	MORE INFORMATION
<p>Handling Instructions: Keep frozen until ready to use. Cook to a minimum temperature of 165 degrees F. Do not consume raw dumplings and wash hands thoroughly after handling.</p>		