



MARKETING

Our soft, delicious strip dumplings use simple ingredients for a homemade flavor you'd find in your Grandmother's kitchen! These cholesterol-free dumplings come in two sizes—24 oz. and 32 oz.—so you can be sure to make plenty for your family to enjoy.

Nutrition Facts

9 Servings per container

Serving Size 4 dumplings

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 1.5 g	2%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 42 g	15%
Dietary Fiber 1 g	4%
Total Sugars	
Includes 0 g Added Sugars	0%
Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 10 mg	0%
Iron 1.6 mg	8%
Potassium 60 mg	2%

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
00011	10020593000116	12, 24oz.

Brand	Brand Owner	GPC Description
Mary B's®	J&J SNACK FOODS CORP.	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
19 LBR	18 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11 INH	9 INH	9.25 INH	0.5 FTQ	18x6	365 Days	-10 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS

INGREDIENTS

WHEAT FLOUR, WATER, PALM OIL, CORN STARCH.

HANDLING SUGGESTIONS

Keep Frozen until ready to serve.

PREPARATION & COOKING SUGGESTIONS

Handling Instructions: Keep frozen until ready to use. Cook to a minimum temperature of 165 degrees F. Do not consume raw dumplings and wash hands thoroughly after handling.

MORE INFORMATION