

READI-BAKE BeneFIT®

563957 - BeneFIT WholeGrain ChocCp 1.85oz/192ct

Give customers the choice of 51% Whole Grain Cookie Dough. Delicious BeneFIT 51% whole grain cookies will satisfy your students' smart snack cravings, with sizes and varieties for all ages and palates.



MARKETING

No hydrogenated oil or HFCS. No mixing, no mess. Smart Snack compliant. Preformed, pre-portioned. 0g Trans Fat. Kosher Certified

Nutrition Facts

192 Servings per container

Serving Size1 cookie

Amount Per Serving

Calories190

% Daily Value*

Total Fat6 g8%

Saturated Fat2 g10%

Trans Fat0 g

Cholesterol20 mg7%

Sodium170 mg7%

Total Carbohydrates34 g12%

Dietary Fiber3 g11%

Total Sugars17 g

Includes 16 g Added Sugars32%

Protein3 g

Vitamin D0.1 mcg0%

Calcium20 mg2%

Iron1.5 mg8%

Potassium90 mg2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
14921	563957	00024497149219	192/1.85 oz

Brand	Brand Owner	GPC Description
READI-BAKE BeneFIT®	0073321000011	Biscuits/Cookies (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
23.2 LBR	22.2 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20.19 INH	9.06 INH	6 INH	0.635144 FTQ	10x8	365 Days	-10 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - C

Soy - C

Wheat - C

Sesame - NI

Peanuts - NI

Tree Nuts - NI

Fish - NI

Shellfish - NI

SERVING SUGGESTIONS

Bake and Serve.

INGREDIENTS

WHEAT FLOUR BLEND (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR), SUGAR, EGGS, VEGETABLE SHORTENING (CANOLA OIL, PALM OIL, MONO- AND DIGLYCERIDES), SEMI-SWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECTHIN, SALT, VANILLIN [ARTIFICIAL FLAVOR]), OATS, CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM), WHEAT STARCH-MODIFIED, CONTAINS 2% OR LESS OF THE FOLLOWING: INULIN, DAIRY BLEND (WHEY, SODIUM CASEINATE, NONFAT DRY MILK, SOY LECITHIN, CALCIUM PHOSPHATE, CALCIUM OXIDE), WATER, NATURAL FLAVOR, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, CALCIUM CARBONATE), SALT, SOY LECITHIN.

HANDLING SUGGESTIONS

Keep Frozen (0° F or below). Shelf life up to one year when stored properly.

PREPARATION & COOKING SUGGESTIONS

Baking / Handling Instructions: _x000D_ [1] Separate cookies while in frozen state. _x000D_ [2] Place (3 x 5) on standard lined sheet (bun) pan. _x000D_ [3] Bake immediately in preheated oven approx. 11-14 min: _x000D_ Rack oven: 360°F (180°C) _x000D_ Reel oven: 380°F (195°C) _x000D_ Deck oven: 330°F (165°C) _x000D_ Convection oven: 310°F (155°C) _x000D_ [4] Cool at room temperature.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	190
Protein	3 g
Total Carbohydrates	34 g
Sugars	17 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	6 g
Trans Fat	0 g
Saturated Fat	2 g
Added Sugars	16 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	20 mg
Vitamin D	0.1 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	170 mg
Calcium	20 mg
Iron	1.5 mg
Potassium	90 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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