#### Cheerios

## 200711 - Honey Cheerios(TM) Cereal Single Serve Bowlpak (96 ct...

Sweetened with a touch of real honey, whole grain cereal in ring shaped cereal in a bowlpak format. Gluten-free. Whole grain oats - first ingredient. In a ready-to-eat bowl for convenient, single serve portion control. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.



### MARKETING

The classic toasted whole grain oat, gluten-free cereal.. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack.. Contains no artificial flavors and no colors from artificial sources.. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain and whole grain-rich criteria.

# **Nutrition Facts**

96 Servings per container				
Serving Size	1 bowl			
Amount Per Serving				
Calories	110			
	% Daily Value*			
Total Fat 1.5	2%			
Saturated Fat 0 g	0%			
Trans Fat 0 g				
Cholesterol 0 mg	0%			
Sodium 170 mg	7%			
Total Carbohydrates 22 g	8%			
Dietary Fiber 2 g	9%			
Total Sugars 6 g				
Includes 6 g Added Sugars	12%			
Protein 3 g				
Vitamin D 2.6 mcg	10%			
Calcium 80 mg	6%			
Iron 2.4 mg	10%			
Potassium 130 mg	2%			
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				

#### PRODUCT SPECIFICATIONS

Code		Dist Prod Code			GTIN				Calculated Pack		
18447000			200711 10016000184470 96/1 OZ				6/1 OZ				
Brand		Brand Owner				GPC Description					
Cheerios		GENERAL MILLS SALES INC.				Cereals Products - Ready to Eat (Shelf Stable)					
Gross Weight Net Weight			Weight	Cas	Case/Catch Weight Country Of			Origin	Kosher	Child Nutrition	
9.800 LBR	9.800 LBR 6.0		00 LBR		No		United States		Yes	No	
Shipping											
Length	Width		Height Volume		e .	TIxHI	Shelf Life		Storage Temp From/To		
16.750 INH	13.	13.000 INH 18.0		D INH	2.34600 F	ΤQ	9x5	312 Days		32 FAH / 95 FAH	
Traceability Regulation											
0 11 0		Regulat Act	ory	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors				
N/A N/A			N/A			N/A					

#### HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS	$\triangle$
C = 'Contains' ; MC = 'May Contain' ; N 'Free From Not Tested'; 50 = 'Derived fro Ingredients' ; NI = 'No Info'	= 'Free From' ; <b>UN</b> = 'Undeclared' ; <b>30</b> = om Ingredients' ; <b>60</b> = 'Not Derived From
Milk - 30	🕥 Peanuts - 30
🔘 Eggs - 30	🛞 Tree - 30
🛞 Soybean - 30	🔊 Fish - 30
🛞 Wheat - 30	🛞 Shellfish - NI
Sesame - 30	(!) Crustaceans - 30
Pine Nuts - 30	() Almonds - 30
() Cashews - 30	() Hazelnuts - 30
(!) Macadamia Nuts - 30	(!) Chestnuts - 30
() Coconuts - 30	Pecan Nuts - 30
I Brazil Nuts - 30	Pistachios - 30
U Walnuts - 30	() Molluscs - 30
(!) X99 - UN	

#### INGREDIENTS

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Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamin C (microsofter) Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

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#### **PREPARATION & COOKING SUGGESTIONS**

SERVING SUGGESTIONS

MORE INFORMATION

Ready to eat

One Bowlpak

#### NUTRITIONAL ANALYSIS

110
3 g
22 g
6 g
2 g

Total Fat	1.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	6 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	2.6 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	170 mg
Calcium	80 mg
Iron	2.4 mg
Potassium	130 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

#### NUTRITIONAL CLAIMS

ARTIFICIAL_FLAVOUR	FREE_FROM	IRON	EXCELLENT_SOURCE_OF	ENERGY	SOURCE_OF
TRANS_FAT	FREE_FROM	GLUTEN	FREE_FROM	SATURATED_FAT	LOW
CHOLESTEROL	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	IRON	GOOD_SOURCE_OF	WHOLE_GRAIN	CONTAINS
MSG	FREE_FROM	CHOLESTEROL	LOW	FAT	LOW
KOSHER	YES	VEGETARIAN	YES	FREE_FROM_GLUTEN	YES

#### MORE IMAGES





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