



High Liner Foodservice, 4.54 kg / 10 lb, BATTERCRISP Fast Fry Haddock Portions

Budget Friendly. Comfort Food. Moist and flaky Haddock portions are coated in a light, golden, buttery batter. Consistent quality and IQF portions allow for cost control, and ease of handling and preparation.

Product Last Saved Date: 20 May 2025



Nutrition Facts

Servings per container
Serving Size Per 2 portions (109 g)

Amount Per Serving
Calories 280

% Daily Value*

Total Fat 17 g **23%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 25 mg **%**

Sodium 560 mg **24%**

Total Carbohydrates 22 g **%**

Dietary Fiber 1 g **4%**

Total Sugars 1 g

Includes Added Sugars **%**

Protein 9 g

Vitamin D **%**

Calcium 10 mg **1%**

Iron 1 mg **6%**

Potassium 150 mg **3%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
6974	10061763069748	

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5 KGM			Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
37.3 CMT	27.5 CMT	14.8 CMT	0.0152 MTQ	11x11	540 Days	-25 CEL / -18 CEL

Ingredients :

Haddock, Water, Flour (wheat, corn, soy), Canola oil, Toasted wheat crumbs, Modified corn starch, Sugar, Salt, Modified palm oil, Baking powder, Sodium phosphate (to retain moisture), Modified milk ingredients, Sodium aluminum phosphate (leavening acid), Spices, Guar flour. Contains: Haddock (fish), Wheat, Soy, Milk.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: Immerse 1-4 frozen portions in preheated 350°F (180°C) oil for about 3 1/2 min or until done. FORCED AIR CONVECTION OVEN: Place single layer of frozen portions on shallow baking pan in preheated 425°F (220°C) oven for 10 min or until done. OVEN: Place single layer of frozen portions on shallow baking pan in preheated 450°F (230°C) oven for 18 min or until done. NOTE: Since appliances vary, these instructions are guidelines only. Cook until a minimum internal temperature of 158°F (70°C).

Serving Suggestions:

Serve with spicy potato wedges and salad with raspberry vinaigrette.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:
MSC Certified:
Has CN Statement: No
CN Statement:

