

# High Liner Foodservice Signature, 4.54 kg / 10 lb, Individually Quick Frozen Haddock Loins, approx. 57 g / 2 oz

High Liner Haddock is a premium white fish with mild, flavorful flesh that is low in fat. High Liner Haddock suits almost any style of cooking, such as baking, poaching, sauteeing and grilling. Each is individually quick-frozen for optimum freshness, and product integrity. They offer uniform cost and portion control in every serving. Loin: is the tenderloin, premium cut, a rectangular portion cut from the thickest part of the fillet. It is generally the lowest fat portion, with consistent thickness.

Product Last Saved Date: 04 June 2025



FOODSERVICE™

### **Nutrition Facts**

Servings per container

Serving Size Per about 2 loins (114 g)

## Amount Per Serving Calories

80

Calories	80
	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 60 mg	%
Sodium 240 mg	10%
Total Carbohydrates 0 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 19 g	
Vitamin D	%
Calcium 10 mg	1%
Iron 0.2 mg	1%
Potassium 350 mg	7%

Product Specifications :						
Code	GTIN	Type Of Catch				
6584 10061763065849						

Brand	GPC Description		
High Liner Foodservice Signature	Fish - Unprepared/Unprocessed (Frozen)		

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.22 KGM			Undeclared	No

Shipping Infor					g Inform	ation	
Length Width		Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
	33.7 CMT	24 CMT	14.5 CMT	0.0117 MTQ	14x10	540 Days	

#### Ingredients:

Haddock. Contains: Haddock (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):			
Eggs - NI	Milk - NI	Soy - NI	
Fish - NI	Wheat - NI	TreeNuts - NI	
Peanuts - NI	Crustacean - NI	Sesame - NI	

#### Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS cook from frozen. Cook until a minimum internal temperature of 158°F (70°C) is reached. TO THAW place in refrigerator overnight. DO NOT THAW in warm water or at room temperature.

#### **Serving Suggestions:**

Serve cooked over the grill with a honey mustard glaze. Serve with steamed rice. Serve baked in a mushroom cream sauce. Serve with rice and a light summer salad.

#### Species / Scientific Name:

#### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: No

CN Statement:







Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 1

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