

Upstate Farms

227583 - Upstate Farms Vanilla Lowfat Yogurt 5lb

For our dairy cooperative of 340 family farms, going above and beyond is what we do every day. We like to think of it as having good values. And for Upstate Farms, having good values is what making quality yogurt is all about. It means we know every single cow that produces our milk and only the finest ingredients go into our yogurt. It means better tasting, higher quality ...



MARKETING

Gluten Free. Contains Live & Active Cultures. Excellent Source of Calcium

Nutrition Facts

13 Servings per container

Serving Size3/4 cup

Amount Per Serving

Calories160

% Daily Value*

Total Fat 1.52%

Saturated Fat 1 g5%

Trans Fat 0 g

Cholesterol 10 mg3%

Sodium 150 mg7%

Total Carbohydrates 28 g10%

Dietary Fiber 0 g0%

Total Sugars 23 g

Includes 14 g Added Sugars28%

Protein 7 g

Vitamin D 0 mcg0%

Calcium 260 mg20%

Iron 0 mg0%

Potassium 330 mg8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

| Code | Dist Prod Code | GTIN | Calculated Pack |
|------|----------------|----------------|---------------------|
| 9891 | 227583 | 10078800113296 | 4.5lb UF LF NAT VAN |

| Brand | Brand Owner | GPC Description |
|---------------|-----------------------------------|---------------------|
| Upstate Farms | Upstate Niagara Cooperative, Inc. | Yogurt (Perishable) |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|-------------------|------------|-----------------|
| 21.5 LBR | 20 LBR | No | United States | Undeclared | No |

| Shipping | | | | | | |
|-----------|-----------|----------|-------------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 12.25 INH | 12.25 INH | 8.25 INH | 1238.02 INQ | 12x6 | 75 Days | 34 FAH / 40 FAH |

HANDLING SUGGESTIONS

Keep refrigerated. DO NOT FREEZE.

SERVING SUGGESTIONS

Ready to eat as is or delicious when mixed with fruit or yogurt

PREPARATION & COOKING SUGGESTIONS

Keep refrigerated until ready to serve.

INGREDIENTS

Cultured Pasteurized Grade A Lowfat Milk, Sugar, Corn Starch, Tapioca Starch, Natural Flavor, Pectin

ALLERGENS

Milk - C

Eggs - N

Soybean - N

Wheat - N

Sesame - N

AU - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

Mustard - N

MORE INFORMATION

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NUTRITIONAL ANALYSIS

| | | | | | |
|---------------------|------|---------------------|-------|--------------|--------|
| Calories | 160 | Total Fat | 1.5 | Sodium | 150 mg |
| Protein | 7 g | Trans Fat | 0 g | Calcium | 260 mg |
| Total Carbohydrates | 28 g | Saturated Fat | 1 g | Iron | 0 mg |
| Sugars | 23 g | Added Sugars | 14 g | Potassium | 330 mg |
| Dietary Fiber | 0 g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 10 mg | | |
| Vitamin A (IU) | 20 | Vitamin D | 0 mcg | Thiamin | |
| Vitamin A (RE) | 20 | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

NUTRITIONAL CLAIMS

| | | | |
|--------|-----|------------------|-----|
| KOSHER | YES | FREE_FROM_GLUTEN | YES |
|--------|-----|------------------|-----|

MORE IMAGES

