

227583 - Upstate Farms Vanilla Lowfat Yogurt

Natural ingredients. Contains Live and Active Cultures. Good Source of Protein and Calcium. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. CACFP compliant.



MARKETING

Gluten Free. Contains Live & Active Cultures. Excellent Source of Calcium



Nutrition Facts

13 Servings per container	
Serving Size	3/4 cup
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 1.5	2%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 150 mg	7%
Total Carbohydrates 29 g	11%
Dietary Fiber 0 g	0%
Total Sugars 23 g	
Includes 14 g Added Sugars	28%

Protein 7 g	
Vitamin D 0 mcg	0%
Calcium 260 mg	20%
Iron 0 mg	0%
Potassium 330 mg	8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
9891	227583	10078800113296	4.5lb UF LF NAT VAN

Brand	Brand Owner	GPC Description
Upstate Farms	Upstate Niagara Cooperative, Inc.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
21.5 LBR	20 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.25 INH	12.25 INH	8.25 INH	1238.02 INQ	12x6	75 Days	34 FAH / 40 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Peanuts - N
- Eggs - N
- Tree Nuts - N
- Soy - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N

SERVING SUGGESTIONS



Ready to eat as is or delicious when mixed with fruit or yogurt

INGREDIENTS



Cultured Pasteurized Grade A Lowfat Milk, Sugar, Corn Starch, Tapioca Starch, Natural Flavor, Pectin

HANDLING SUGGESTIONS



Keep refrigerated. DO NOT FREEZE.

PREPARATION & COOKING SUGGESTIONS



Keep refrigerated until ready to serve.

MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	160
Protein	7 g
Total Carbohydrates	29 g
Sugars	23 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	20
Vitamin A (RE)	20
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1.5
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	14 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	10 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	150 mg
Calcium	260 mg
Iron	0 mg
Potassium	330 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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FREE_FROM_GLUTEN	YES
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MORE IMAGES

