



High Liner Foodservice, 4.54 kg / 10 lb, Individually Quick Frozen Haddock Portions, approx. 85 g / 3 oz

Haddock is a white fish with mild flavour that is low in fat. It is suited for any style of cooking. High Liner Foodservice brand Haddock is a great option for Fish & Chips, pan-frying, baking or broiling. This product is enhanced with additives for better shelf life and flavour. Our Haddock tails are individually quick-frozen for your convenience.

Product Last Saved Date: 17 February 2025



HIGH LINER
FOODSERVICE™

Nutrition Facts	
Servings per container	
Serving Size Per about 1 portion (85 g)	
Amount Per Serving	
Calories 50	
	% Daily Value*
Total Fat 0.3 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 40 mg	%
Sodium 130 mg	6%
Total Carbohydrates 0 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 12 g	
Vitamin D	%
Calcium 10 mg	1%
Iron 0.1 mg	1%
Potassium 225 mg	5%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Product Specifications :

Code	GTIN	Type Of Catch
1080261	00059111802614	

Brand	GPC Description
High Liner Foodservice	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.565 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
37.4 CMT	31.7 CMT	11.8 CMT	0.014 MTQ	9x15	540 Days	-25 CEL / -18 CEL

Ingredients :

Haddock, Water, Sodium phosphate (to retain moisture). Contains: Haddock (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS cook from frozen. Cook until a minimum internal temperature of 158°F (70°C) is reached. TO THAW place in refrigerator overnight. DO NOT THAW in warm water or at room temperature.

Species / Scientific Name:

Serving Suggestions:

Broil, pan-fry, bake or batter/bread and deep-fry.

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:

