444099 - Black Bean Burger (Vegan) 3.3 oz.

All Natural, Low Saturated Fat, Low Cholesterol, No Preservatives, 11 Grams of Protein per Serving, Good Source of Fiber, No Trans Fat



MARKETING



Nutrition Facts

48 Servings per container

Serving Size 3.3 Ounce ()

Amount Per Serving
Calories

170

	% Daily Value*
Total Fat 6	9%
Saturated Fat 0.5 g	3%

Trans Fat 0 g

 Cholesterol 10 mg
 4%

 Sodium 430 mg
 18%

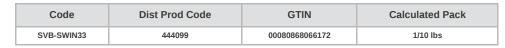
Total Carbohydrates 18 g **6%**Dietary Fiber 6 g **18%**

Total Sugars 2 g

Includes Added Sugars %

Protein 11 g Vitamin D % Calcium 6% Iron 25%

PRODUCT SPECIFICATIONS



Brand	Brand Owner	GPC Description
Dr. Praeger's Sensible Foods	Dr. Praeger's Sensible Foods Inc	Vegetables - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.5 LBR	10 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.81 INH	8.31 INH	5.12 INH	0.3154 FTQ	16x11	730 Days	-20 FAH / 0 FAH

HANDLING SUGGESTIONS Store at 0 degree fahrenheit



SERVING SUGGESTIONS



advice.

PREPARATION & COOKING SUGGESTIONS



Cook From Frozen. For Food Safety and Quality, Heat to a Minimum Internal Temperature of 165° F. Flat Top Grill: (Preferred Method) Preheat grill to 425° F. If the grill is not a non stick surface please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (Approximately 7 minutes).

INGREDIENTS



Hydrated Textured Soy Protein Concentrate (Water, Soy Protein Concentrate, Caramel Color), Cooked Black Beans (Black Beans, Water), Cooked Brown Rice (Brown Rice, Water), Onions, Expeller Pressed Canola Oil, Corn, Wheat Gluten, Red Peppers, Arrowroot Powder, Jalapeno Peppers, Chili Powder, Vegetarian Natural Beef Flavor (Yeast Extract, Maltodextrin, Salt, Natural Flavoring), Flaxseed Meal, Garlic, Salt, Cilantro, Black Pepper

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; \overline{UN} = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(i) Milk - N



(Eggs - MC



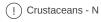












MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	170
Protein	11 g
Total Carbohydrates	18 g
Sugars	2 g
Dietary Fiber	6 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	6
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	10 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	430 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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