



1/10 Lb Beer Battered Natural Cut Cod Portions, Made with Corona Beer, 4 oz

High Liner Corona® Beer Battered Cod Portions are made with real Corona® beer. These delicious Cod portions pleasingly tap into this beer's legendary south of the border flavor and align you with the famous Corona® brand. Ready to deep-fry from frozen, each cooks to crispy, crunchy perfection, with a flavor and texture as distinctive as Corona® itself.

Product Last Saved Date: 06 November 2024



Nutrition Facts

40 Servings per container

Serving Size 4 oz (112g/About 1 Fillet)

Amount Per Serving

Calories 220

% Daily Value*

Total Fat 11 g 14%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

Cholesterol 15 mg 6%

Sodium 390 mg 17%

Total Carbohydrates 18 g 6%

Dietary Fiber 1 g 2%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 13 g

Vitamin D 0.5 mcg 2%

Calcium 40 mg 4%

Iron 0.6 mg 4%

Potassium 240 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
1029732	10035493297320	WILD

Brand	GPC Description
High Liner Foods	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	547 Days	-10 FAH / 0 FAH

Ingredients :

COD, WATER, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), WHEAT FLOUR, YELLOW CORN FLOUR, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BEER (WATER, BARLEY MALT, RICE, BARLEY, HOPS, YEAST), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, MALTODEXTRIN, SALT, GUM ARABIC, NATURAL AND ARTIFICIAL BEER FLAVORS, SUGAR, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), SPICE, MALTED BARLEY FLOUR, WHEY, DEXTROSE, TRICALCIUM PHOSPHATE, MALT SYRUP (CORN SYRUP, BARLEY, MALT EXTRACT). CONTAINS: FISH (COD), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 6½-7½ minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Species / Scientific Name:

Atlantic Cod - *Gadus morhua*, Pacific Cod - *Gadus macrocephalus*

Serving Suggestions:

Perfect for fish and chips served with malt vinegar. Also great as a south of the border themed entree or specialty fish basket. Pairs perfectly with tartar or cocktail sauces, or your own complementary recipes.

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:



