

10 Lb (4.54 kg) Beer Battered Natural Cut Cod Portions, 4 oz

Crafted with real beer and wild-caught cod, these beer-battered natural cut portions bring a bold, south-of-the-border flair to your menu. Each piece cooks from frozen to a crispy, golden perfection—offering a craveable crunch and distinctive flavor that stands out. Perfect for foodservice operations looking to serve up quality, convenience, and unforgettable taste.

Product Last Saved Date: 20 October 2025



Nutrition Facts

40 Servings per container
Serving Size 4 oz (112g/About 1 Fillet)

Amount Per Serving
Calories 220

% Daily Value*

Total Fat 11 g 14%

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 15 mg 6%

Sodium 390 mg 17%

Total Carbohydrates 18 g 6%

Dietary Fiber 1 g **2%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 13 g

Vitamin D 0.5 mcg 2%

Calcium 40 mg 4%

Iron 0.6 mg 4%

Potassium 240 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
1029732	10035493297320	WILD

Brand	GPC Description
High Liner Foods	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	12x5	547 Days	-10 FAH / 0 FAH

Ingredients :

COD, WATER, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), WHEAT FLOUR, YELLOW CORN FLOUR, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BEER (WATER, BARLEY MALT, RICE, BARLEY, HOPS, YEAST), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, MALTODEXTRIN, SALT, GUM ARABIC, NATURAL AND ARTIFICIAL BEER FLAVORS, SUGAR, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), SPICE, MALTED BARLEY FLOUR, WHEY, DEXTROSE, TRICALCIUM PHOSPHATE, MALT SYRUP (CORN SYRUP, BARLEY, MALT EXTRACT). CONTAINS: FISH (COD), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - C	Soy - INII
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 6½-7½ minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

Species / Scientific Name:

Atlantic Cod - Gadus morhua, Pacific Cod - Gadus macrocephalus

Serving Suggestions:

Perfect for fish and chips served with malt vinegar. Also great as a south of the border themed entree or specialty fish basket. Pairs perfectly with tartar or cocktail sauces, or your own complementary recipes.

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:

